

## Able Bodied Adults Without Dependents (adka Waaweyn ee Aan Naafada Ahayn Cidna ku Tiirsaneyn, ABAWD) Warbixinta Hawlaha

MAGACA MACMIILKA

LAMBARKA MACMIILKA

Fadlan dhammeystir foomkan si aad nooga caawisid inaan dib u fiirino xaalada ABAWD. Hawlaha shaqada iyo tababarku waxay kaa caawinayaan inaad ku haboonaatid kabka cuntada adoo helaya khibrad ama waxbarasho, ama raadinaya shaqaaleysiin.

### **Tilmaamaha:**

1. Sii foomkani wakaaladaha aad la shaqeynaysid si ay u dhammeystiraan.
2. Foomkani waa inaad saxeexdaan adiga iyo wakaalada aad la shaqeynaysaa.
3. Usii foomkani si bile ah 10<sup>ka</sup> bisha ku xigta.
4. Ugu soo celi foomka la dhammeystiray DSHS adoo:
  - Faakis ugu diraya: 1-888-338-7410, ama
  - U qaadaya Community Services Office (Xafiiskaaga Adeegyada Bulshada, CSO) maxaliga ah, ama
  - Booosto ugudir: DSHS CSD Xarunta Adeega Macmiilka  
PO Box 11699  
Tacoma WA 98411-6699

### **Waxyaabaha Muhiimka ah ee La Ogaanayo:**

- Waa inaad dhammeystirtaa 80 saac bishiiba hawlaha shaqada ama tababarka la ansixiyey, ama
- Haddii aad ka qeybgalaysid Caydha Shaqo La'aanta, warqadaada gudbintu waa inay leedahay tirada saacadaha aad dhammeystiraysid.
- Todobaadku wuxuu ka bilowdaa Axada wuxuuna ku dhammaadaa Sabtida ku xigta. Wadarta saacadaha bilaha ee laga bilaabo bisha koobaad ilaa maalita u danbeysa ee bisha. Fiiri tusaalayaasha bogga u danbeeyay

Haddii aanad dhammeystiri karin saacadaha loo baahan yahay (shaqada oo lagu daray hawlaha kale ee la xidhiidha shaqada), fadlan nala wadaag sababta(sababaha).

Maan awoodin inaan dhammeystiro dhammaan saacadaha bishan waayo (fadlan sharax):

Fadlan ka fiiri bogga xiga warbixinta bisha.



| BISHA  |                   |               |   |                    |               |                   |
|--|-------------------|---------------|---|--------------------|---------------|-------------------|
| MAGACA MACMIILKA   |                   |               |   | LAMBARKA MACMIILKA |               |                   |
| Gali tirada saacadaha lala dhammeystiray adeeg-bixiyaha la ansixiyey ee todobaadkan.   | Todobaadada bisha |               |   |                    |               | Wadarta saacadaha |
|  | Todobaa dka 1     | Todobaa dka 2 | Todobaa dka 3   | Todobaa dka 4      | Todobaa dka 5 |                   |
| Shaqo Raadinta la Kormeeray  |                   |               |   |                    |               |                   |
| Tababarka Shaqo Raadinta   |                   |               |   |                    |               |                   |
| Hawlaha Waxbarasho waxa ku jira:<br><ul style="list-style-type: none"> <li>Waxbarashada Asaasiga ah ee Shahaadada Waxbarashada Guud</li> </ul> English Language Acquisition (Barashada Luuqada Ingiriisida, ELA)   |                   |               |   |                    |               |                   |
| Tababarka Farsamada Gacanta waxa ku jira:<br>Barnaamijka Shaqada Qaxoontiga  |                   |               |   |                    |               |                   |
| Tababarka Xirfadaha Noloshaha ee la Kormeeray  |                   |               |   |                    |               |                   |
| Shaqo Haysashada   |                   |               |   |                    |               |                   |
| Shaqo Bilaa Mushahar ah  |                   |               |   |                    |               |                   |
| Caydha Shaqo La'aaanta   |                   |               |   |                    |               |                   |
| <b>Wadarta saacadaha</b>   |                   |               |   |                    |               |                   |
| Adeeg-bixiyaha Koobaad:<br>Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay.  |                   |               | Adeeg-bixiye Kale<br>Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay. |                    |               |                   |
| MAGACA GOOBTA HAWSHA   |                   |               | MAGACA GOOBTA HAWSHA  |                    |               |                   |
| HAWSHA   |                   |               | HAWSHA  |                    |               |                   |
| SAXEEXA  |                   |               | SAXEEXA   |                    |               |                   |
| <input type="checkbox"/> <b>Waan shaqeynayaa hadda; shaqadani waxa loo wariyey DSHS oo ma jiraan wax isbadel saacadahayga ah.</b><br>(Haddii aad haysatid shaqo aan horey loogu sheegin DSHS, fadlan bixi cadeynta oo ay ku jiraan: magaca iyo taleefan lambarka shaqaaleysiiyaha; xadiga mushaharka; taariikhda bilowga; saacadaha la shaqeeyey todobaadkiiba; goorta mushahar bixintu dhammanayso; taariikhaha mushahar bixinta; iyo haddii guno ama mushqaayad la bixiyo, xadiga la filaayo.) |                   |               |   |                    |               |                   |
| <input type="checkbox"/> <b>Waxaan hadda ku jiraa barnaamijka la ansixiyey ee WIOA oo ma jiraan wax isbadel ah oo ku imanaya saacadahayga.</b>   |                   |               |   |                    |               |                   |
| <b>Waxaan cadeynayaa in macluumaadkani aan ku bixinaayo dhammaan boggaga foomkani uu yahay run oo dhammeystiran yahay.</b>   |                   |               |   |                    |               |                   |
| SAXEEXA MACMIILKA  |                   |               |   | TAARIKHDA SAXEEXA  |               |                   |



## ABAWD Sharaxaadaha iyo Tusaaleyaasha Warbixinta Hawsha

Sharaxaada hoose waxay ka caawinaysaa aqoonsiga hawlaha lagu tiriyo dhanka kaqeybgalka. Hawsha waxa lagu tirin karaa kaliya haddii barnaamijka la ansixiyey kormeero. Waxbadan ka ogow barnaamijyadan adoo booqanaya: <https://www.dshs.wa.gov/esa/community-services-offices/state-approved-programs>

**Shaqo Raadinta Lakormeeray** - waxay kaa caawinaysaa inaad heshid shaqaaleysiin. Hawlaha waxa ku jira:

- La xidhiidhida shaqaaleysiyayaasha
- Tixida shaqo raadinta
- Helitaanka kaadhahka aqoonsiyada, liisamada xirfada ama shahaadooyinka

**Tababarka Shaqo Raadinta** –wuxuu kaa caawinayaa inaad raadisid oo aad heshid shaqaaleysiin. Adeegyada waxa ku jira:

- Qorida codsiyada shaqo, xirfadaha wareysi shaqo, diyaarinta codsiga mastarka ah
- Tilmaamta iyo caawimada la xidhiidha shaqo raadinta
- Tababarada goobta shaqo iyo qorsheynta xirfada

**Waxbarashada Asaasiga ah** –waxay kaa caawinaysaa inaad kordhisid shaqaaleysiintaada. Hawlaha waxa ku jira:

- Xirfadaha koomiyuutarka ee asaasiga ah, akhriska iyo caawimada xisaabta
- Aqoonta u Dhiganta Dugsiga Sare (horey loo yaqiin GED)
- Basic Education for Adults (Waxbarashada Asaasiga ah ee Dadka Waaweyn, BEA)
- English Language Acquisition (Barashada Luuqada Ingiriisida, ELA)

**Xirfadaha Nololsha** – waxay kordhinayaan awooda aad ku gaadhaysid dalabka iyo caqabadaha shaqo iyo nololsha maalinlaha ah. Goobaha Ilaha Shaqo qaar iyo bixiyayaasha Shaqaaleysiinta Cuntada Asaasiga ah & Tababarka ayaa bixiyan adeegyadan.

**Waxbarashada Farsamada Gacanta** – waxay bixisaa barnaamijyo u baahan tababar takhasus ah sida laxaamada ama shaqooyinka koomiyuutarka. Barnaamijyadan waxa ka dhasha aqoon la aqoonsan yahay. Hawshu waa inay noqotaa:

- Aqoonaysan
- Uu aqoonsan yahay dhinac saddexaad oo madaxbanaan
- Uu aqbalayo shaqaaleysiye maxali ah

**Adeegyada Haysashada Shaqo** –waxay ka caawiyaan oo ka taageeraan dadka waaweyn ee shaqeeya barnaamijka Cuntada Asaasiga ah & Tababarka si loo gaadho waxqabad shaqo oo fiican loona kordhiyo dakhliga. Hawlaha waxa ku jiri kara:

- Latalinta ama tababarida
- Maamulida kiiska
- Kaalmada kharashka la xidhiidha shaqo haysashada

**Caydha Shaqo La'aanta** - waa hawl mutadawacnimo ABAWDs si loo kordhiyo shaqaaleysiinta guud iyadoo la horumarinaayo xirfadaha shaqada iyo kalsoonida. Kaqeybgalayaashu waa inay ku tabarucaan tiro saacado ah bishii goobaha Caydha Shaqo La'aanta. DSHS waxay u gudbin doontaa ABAWDs goobaha Workfare.

**Shaqo Bilaa Mushahar ah** – waa fursad ABAWD si loo gaadho shuruuda kaqeybgalka iyadoo lagu tabarucayo haayad Gobolka, maxaliya, diimeed, ama bulsho oo aan faa'ido doon ahayn. Shaqada bilaa mushahar ka ah waxay sidoo kale uga dhici kartaa qaabab kale bulshada.



**Tusaaleyayaasha sida loo dhammeystiraayo foomka DSHS 01-205**

**Tusaalaha Koobaad: Hal hawl oo leh hal adeeg-bixiye.**

Haddii Juun 1 tahay Sabti, todobaadka 1 wuxuu yeelanayaa hal maalin. Afarta (4) todobaad ee xiga waxay yeelanayaan todobo (7) maalmood. Maalinta u danbeysay, Juun 30, waxay noqonaysaa Axad. Todobaadka u danbeeya wuxuu yeelanayaa hal maalin.

| Gali tirada saacadaha lala dhammeystiray adeeg-bixiyaha la ansixiyey ee todobaadkan.  | Todobaadada bisha |               |               |               |               | Wadarta saacadaha |
|---|-------------------|---------------|---------------|---------------|---------------|-------------------|
|   | Todobaa dka 1     | Todobaa dka 2 | Todobaa dka 3 | Todobaa dka 4 | Todobaa dka 5 |                   |
| Job Search (Shaqo Raadinta, JS) Lakormeeray   |                   |               |               |               |               |                   |
| Job Search Training (Tababarka Shaqo Raadinta, JT)  |                   |               |               |               |               |                   |
| Hawlaha Waxbarasho waxa ku jira: <ul style="list-style-type: none"> <li>General Education Degree (Shahaadada Waxbarashada Guud, GED)</li> <li>Waxbarashada Asaasiga ah</li> <li>English as a Second Language (Ingiiriisida Luuqad Labaad Ahaan, ESL)</li> </ul> | 2                 | 13            | 33            | 20            | 15            | 85                |

**Tusaalaha Labaad: Dhowr shaqo oo leh labo adeeg-bixiye.**

| Gali tirada saacadaha lala dhammeystiray adeeg-bixiyaha la ansixiyey ee todobaadkan.  | Todobaadada bisha |               |               |               |               | Wadarta saacadaha |
|---|-------------------|---------------|---------------|---------------|---------------|-------------------|
|   | Todobaa dka 1     | Todobaa dka 2 | Todobaa dka 3 | Todobaa dka 4 | Todobaa dka 5 |                   |
| Job Search (Shaqo Raadinta, JS) Lakormeeray   |                   |               | 5             | 5             |               | 10                |
| Job Search Training (Tababarka Shaqo Raadinta, JT)  | 5                 | 5             |               |               |               | 10                |
| Hawlaha Waxbarasho waxa ku jira: <ul style="list-style-type: none"> <li>General Education Degree (Shahaadada Waxbarashada Guud, GED)</li> <li>Waxbarashada Asaasiga ah</li> <li>English as a Second Language (Ingiiriisida Luuqad Labaad Ahaan, ESL)</li> </ul> | 15                | 15            | 15            | 15            |               | 60                |
| <b>Wadarta saacadaha</b>  | <b>20</b>         | <b>20</b>     | <b>20</b>     | <b>20</b>     |               | <b>80</b>         |

Adeeg-bixiyaha Koobaad:  
Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay.

MAGACA GOOBTA HAWSHA

**Isha Shaqada**

HAWSHA

**JS / JT**

SAXEEXA

*John Doe, BFET adeeg-bixiye*

Adeeg-bixiye Kale

Waxaan cadeynayaa in macmiilka kor lagu xusay dhammeystiray saacadaha lagu sheegay mudada sare lagu sharxay.

MAGACA GOOBTA HAWSHA

**Green River Community College (Koolejka Bulshada Wabiga Cagaaran)**

HAWSHA

**Waxbarashada Asaasiga ah**

SAXEEXA

*Jane Doe, BFET Adeeg-bixiye*

