

## A New SDCP Newsletter



Welcome to the first SDCP Newsletter. Our hope is to create a helpful forum to keep SDCP providers up to date with usable information, including:

- Quality dementia care practices
- Training opportunities
- Provider highlights
- News articles
- Program changes and information

### Your Input Needed

We would like your input and feedback on the content and format of this newsletter.

Do you have a success story or an innovative strategy you would like to share?

Do you have an article or a news story related to dementia or dementia care or an activity idea that other providers should know about?

If so, please submit them to us via email or phone.

We are also planning next year's support program workshops. Please let us know if you have any workshop ideas on presenters, topics, or locations.

Thank you for all you do!

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Based on your requests

## Coming This September



Sept. 2nd in SeaTac

Sept. 3rd in Spokane

Naomi Feil, the creator of Validation Therapy, will present two workshops for SDCP providers.

These workshops will cover the components and techniques of Validation. [Learn more about Validation.](#)

Don't miss this opportunity to hear this internationally renowned, inspirational, motivational, and educational presenter. [Register for the workshop.](#)

### Dementia in the News:

[Doctors Say Medication Is Overused In Dementia](#) from the New York Times.

[Regular exercise good for dementia patients: study](#) from Reuters.

*Age is an issue of mind over matter. If you don't mind, it doesn't matter.*

*~Mark Twain*

## Resident Family Council a Success at San Juan Villa

By: Sheila Linde,  
Assistant Administrator  
San Juan Villa

After hearing De Martucci speak on partnering with families at the SDCP administrator's meeting in January 2008, we decided to try some of her suggestions.

We had been running our Family Councils on the third Wednesday each month at 3 pm. Instead, we decided to hold the next Family Council meeting at 6 pm.

We thought this change would accommodate people's work schedule and those who would like to have a meal with their loved one first. We also agreed to change the format to make it more educational.

At the first meeting of the new scheduled time, we showed "*Complaints of a Dutiful Daughter.*" Six family members attended.

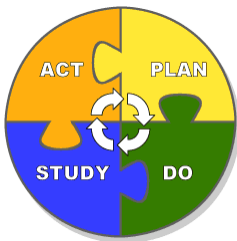


During the refreshments, people started to introduce themselves to each other. They could recognize some of the behaviors of their loved ones as they were watching the video and were more understanding.

The April meeting was the big breakthrough. We used the University of Alabama's *Alzheimer's Disease and Dementia* booklets we received in March from the SDCP support program. The pictures were so clear we could literally see the 'lights go on' in the family members' minds.

At the end of this meeting, people were more open with each other. They introduced themselves and then poured out their hearts. There were feelings of guilt and inadequacy, and some tears, but most of all there was a feeling of camaraderie. One of them summed it up by saying "I feel that we are a real family now."

### Continuous Quality Improvement in Long Term Care Workshop



Ed Mawe is President and CEO of Franke Tobey Jones, a Continuing Care Retirement Community in Tacoma. Ed has a background as a professional educator and over 21 years in housing and health care management.

On **July 29th**, Ed will be presenting a workshop designed for SDCP providers. During this half-day, interactive workshop, essential elements of Continuous Quality Improvement (CQI) in long term care will be covered. Topics will include:

- The CQI model
- How implementing CQI is easier than you may think.
- The relevance and effectiveness of CQI in long term care.
- Using CQI to enhance your management skills
- Models and tools for implementing CQI.

[Register for the workshop.](#)



**Look for us on the web:**

[Specialized Dementia Care Program in Boarding Homes](#)