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| **AUGUST 2024** | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 28 | **29** | **30** | **31** | **1** | **2** | 3 |
| 4 | **5** | **6** | **7** | **8**  **Coping With Abuse**  **Training- (2.5 CEU’s)** **10am-12:30pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/meeting/register/tZ0rdeqsrTsvG9K1Gvnx1cqxKjXqkaD_V7Al) | **9** | 10 |
| 11 | **12** | **13** | **14** | **15** | **16** | 17 |
|  |  | **Grief and Loss**  **1pm-2pm (1 CEU)**    [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_B36iJ6KzQ9avnjrluQgUBQ) |  | **Improving Resident**  **Quality of Life**  **(No CEU’s)**  **1pm-2:30pm**  [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_i9dxGXXtSm6HmiR0GUjBWQ) |  |  |
| 18 | **19** | **20** | **21**  **Crisis Response &**  **De-escalation training (No CEU’s)**  **1pm-3pm**  [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_DW1kaxZOSjWJXDrrCgqIqw) | **22** | **23** | 24 |
| 25 | **26** | **27**  **Coping With Abuse**  **Training- (2.5 CEU’s)** **10am-12:30pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/meeting/register/tZYtce6rrjIvGdUi6Bg5BdyQrmqbw5OEbBIQ) | **28** | **29** | **30** | 31 |

**NEW Training!! Coping with Abuse (2.5 CEU’s)**

* **Gain new perspective on what challenging behaviors mean to the resident.**
* **Understand what boundary setting is and why it’s so critical.**
* **Learn where the line is between boundary setting and abuse.**
* **Develop strategies for coping with racism, homophobia, etc.**
* **Learn effective ways to ‘get your head in the game’ before providing care.**
* **Improve staff support between one another from ‘the top down.’**
* **Increase your confidence - because you are a skilled caregiver!**

**Coping with Abuse Training Information:**

* For maximum effectiveness, each class will have a **limit of 60 participants** **and will be 2.5 hours in length.**
* **All participants will be required to be active participants**. Please be prepared to have your **camera on** during the training.
* Participants will be sent a workbook to use for the training.
* Trainings are available to all LTC facilities.
* All staff are encouraged to attend, regardless of role or discipline.
* This training offers 2.5 Continuing Education Credits!

**Grief and Loss (1 CEU)**

* + **Learn about grief.**
  + **Identify the stages of grief.**
  + **Name each letter in the STOP acronym.**
  + **Gain knowledge on how a support group can help.**

# Improving Resident Quality of Life (No CEU’s)

* **Increase understanding of what quality of life means.**
* **Recognize the importance of things like food and décor.**
* **Explore the difference between reasonable and unreasonable.**
* **Determine how regulations apply to quality-of-life issues.**
* **Expand awareness of community resources**

## Crisis Response & De-escalation training (No CEU’s)

* **Learn about de-escalation.**
* **Identify verbal de-escalation techniques.**
* **Discuss how to maintain safety.**
* **Recognize when there is a potential crisis.**
* **Define validation.**
* **Highlight potential situations and what to do.**