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| **AUGUST 2024**  |
| **Sunday**  | **Monday**  | **Tuesday**  | **Wednesday** | **Thursday**  | **Friday**  | **Saturday**  |
| 28   | **29**   | **30**   | **31**   | **1**   | **2**   | 3   |
| 4   | **5**  | **6**  | **7**  | **8** **Coping With Abuse** **Training- (2.5 CEU’s)** **10am-12:30pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/meeting/register/tZ0rdeqsrTsvG9K1Gvnx1cqxKjXqkaD_V7Al)  | **9**  | 10   |
| 11  | **12**  | **13**  | **14**  | **15**  | **16**  | 17  |
|   |  | **Grief and Loss** **1pm-2pm (1 CEU)** [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_B36iJ6KzQ9avnjrluQgUBQ)  |  | **Improving Resident** **Quality of Life** **(No CEU’s)** **1pm-2:30pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_i9dxGXXtSm6HmiR0GUjBWQ)  |  |   |
| 18   | **19**  | **20**  | **21** **Crisis Response &** **De-escalation training (No CEU’s)** **1pm-3pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_DW1kaxZOSjWJXDrrCgqIqw)  | **22**  | **23**  | 24   |
| 25   | **26**  | **27** **Coping With Abuse** **Training- (2.5 CEU’s)** **10am-12:30pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/meeting/register/tZYtce6rrjIvGdUi6Bg5BdyQrmqbw5OEbBIQ)  | **28**  | **29**  | **30**  | 31   |

**NEW Training!! Coping with Abuse (2.5 CEU’s)**

* **Gain new perspective on what challenging behaviors mean to the resident.**
* **Understand what boundary setting is and why it’s so critical.**
* **Learn where the line is between boundary setting and abuse.**
* **Develop strategies for coping with racism, homophobia, etc.**
* **Learn effective ways to ‘get your head in the game’ before providing care.**
* **Improve staff support between one another from ‘the top down.’**
* **Increase your confidence - because you are a skilled caregiver!**

**Coping with Abuse Training Information:**

* For maximum effectiveness, each class will have a **limit of 60 participants** **and will be 2.5 hours in length.**
* **All participants will be required to be active participants**. Please be prepared to have your **camera on** during the training.
* Participants will be sent a workbook to use for the training.
* Trainings are available to all LTC facilities.
* All staff are encouraged to attend, regardless of role or discipline.
* This training offers 2.5 Continuing Education Credits!

**Grief and Loss (1 CEU)**

* + **Learn about grief.**
	+ **Identify the stages of grief.**
	+ **Name each letter in the STOP acronym.**
	+ **Gain knowledge on how a support group can help.**

# Improving Resident Quality of Life (No CEU’s)

* **Increase understanding of what quality of life means.**
* **Recognize the importance of things like food and décor.**
* **Explore the difference between reasonable and unreasonable.**
* **Determine how regulations apply to quality-of-life issues.**
* **Expand awareness of community resources**

## Crisis Response & De-escalation training (No CEU’s)

* **Learn about de-escalation.**
* **Identify verbal de-escalation techniques.**
* **Discuss how to maintain safety.**
* **Recognize when there is a potential crisis.**
* **Define validation.**
* **Highlight potential situations and what to do.**