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| DECEMBER 2024  |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
| 1   | 2   | 3   | 4   | 5   | 6   | 7   |
| 8     | 9    | 10    | 11    | 12 Suicide Prevention and Responding to Concerns (1.5 CEU’s) 1pm-2:30pm [Click Here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_5SjF1RjgQdKwd8SeAerhgw)  | 13    | 14    |
| 15  | 16   | 17 Active Listening (1.5 CEU) 1pm-2:30pm [Click Here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_KVjKjqrNRn6gCX5RzetRcA)  | 18   | 19 Coping With Abuse Training- (2.5 CEU’s) 10am-12:30pm [Click Here to Register!](https://dshs-telehealth.zoom.us/meeting/register/tZErd-igqzgtE9czN4ZTTP1o6jx0zjxWFucq)  | 20   | 21   |
| 22    | 23   | 24   | 25   | 26   | 27   | 28   |
|  29  |  30   |  31   |   |    |    |    |

Suicide Prevention and Responding to Concerns (1.5 CEU’s)

* Understand the range of suicidality, ranging from vague thoughts to suicide completion.
* Learn how to respond appropriately when you are concerned (or you know) that a client is suicidal.
* Determine how regulations apply when it comes to responding appropriately to this behavior.

# Active Listening (1.5 CEU’s)

* Understand how active listening can impact rapport & improve the quality of care you provide.
* Learn the fundamentals of active listening.
* Increase awareness of body language.
* Practice active listening skills.
* Know where to find resources for further practice & study.

## Coping with Abuse (2.5 CEU’s)

* Gain new perspective on what challenging behaviors mean to the resident.
* Understand what boundary setting is and why it’s so critical.
* Learn where the line is between boundary setting and abuse.
* Develop strategies for coping with racism, homophobia, etc.
* Learn effective ways to ‘get your head in the game’ before providing care. • Improve staff support between one another from ‘the top down.’
* Increase your confidence - because you are a skilled caregiver!

Coping with Abuse Training Information:

* For maximum effectiveness, each class will have a limit of 60 participants and will be 2.5 hours in length.
* All participants will be required to be active participants. Please be prepared to have your camera on during the training.
* Participants will be sent a workbook to use for the training.
* Trainings are available to all LTC facilities.
* All staff are encouraged to attend, regardless of role or discipline. ▪ This training offers 2.5 Continuing Education Credits!