

Behavioral Health Support Team Training Schedule

MARCH 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	1
2	3	4	5 <small>Coping With Abuse Training- (2.5 CEU's) 10am-12:30pm Click here to register!</small>	6	7	8
9	10	11 <small>Suicide Prevention and Responding to Concerns (1.5 CEU's) 1pm-2:30pm Click here to register!</small>	12	13	14	15
16	17	18	19	20 <small>Active Listening (1.5 CEU) 1pm- 2:30pm Click here to register!</small>	21	22
23	24	25	26	27 <small>Boundaries- Resident's w/sexualized behavior and Dementia 1pm- 2pm (1CEU) Click here to register!</small>	28	29

All trainings are on Zoom. If you have any questions, please email ALTSABHSTTraining@dshs.wa.gov . All scheduled trainings are open to providers and their staff, from different facilities, across the state. As a reminder, not all our trainings are certified for continuing education credits. Those trainings that offer continuing education credits are labeled as such. No certificates will be issued for trainings that do NOT offer continuing education credits.

Behavioral Health Support Team Training Schedule

Coping with Abuse (2.5 CEU's)

- Gain new perspective on what challenging behaviors mean to the resident.
- Understand what boundary setting is and why it's so critical.
- Learn where the line is between boundary setting and abuse.
- Develop strategies for coping with racism, homophobia, etc.
- Learn effective ways to 'get your head in the game' before providing care.
- Improve staff support between one another from 'the top down.'
- Increase your confidence - because you are a skilled caregiver!

Suicide Prevention and Responding to Concerns (1.5 CEU's)

- Understand the range of suicidality, ranging from vague thoughts to suicide completion.
- Learn how to respond appropriately when you are concerned (or you know) that a client is suicidal. • Determine how regulations apply when it comes to responding appropriately to this behavior.

Active Listening (1.5 CEU's)

- Understand how active listening can impact rapport & improve the quality of care you provide.
- Learn the fundamentals of active listening.
- Increase awareness of body language.
- Practice active listening skills.
- Know where to find resources for further practice & study.

Professional Boundaries- Resident's with Sexualized Behavior and Dementia (1 CEU)

- Discuss inappropriate sexualized behavior related to dementia. • Discuss WACs in relation to Dementia care and Care planning.
- Go over behavioral approaches to manage, track and identify behavior.
- Identify ways to set personal boundaries.
- Recognize ways to have a team approach when dealing with difficult behaviors.

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