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| **NOVEMBER 2024** | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 27 | **28** | **29** | **30** | **31** | **1** | 2 |
| 3 | **4** | **5** | **6** | **7**  **Crisis Response &**  **De-escalation training (No CEU’s)**  **1pm-3pm**  [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_zt70VkpqToGWj7T7POLJiQ) | **8** | 9 |
| 10 | **11** | **12** | **13** | **14** | **15** | 16 |
|  | [Veterans Day](https://www.calendarlabs.com/holidays/us/veterans-day.php) |  |  | **Suicide Prevention and Responding to Concerns (1.5 CEU’s) 1pm-2:30pm**  [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_i1jjHLu-RVCjk85fE1qdjA) |  |  |
| 17 | **18** | **19**  **Coping With Abuse**  **Training-**  **(2.5 CEU’s)**  **10am-12:30pm**  [Click HERE to register!](https://dshs-telehealth.zoom.us/meeting/register/tZUqdeyoqj0pHNejGuBidveQo3dNBl6owYsK) | **20** | **21** | **22** | 23 |
| 24 | **25** | **26** | **27** | **28**  [Thanksgiving Day](https://www.calendarlabs.com/holidays/us/thanksgiving-day.php) | **29** | 30 |

**Crisis Response & De-escalation training (No CEU’s)**

* Learn about de-escalation.
* Identify verbal de-escalation techniques.
* Discuss how to maintain safety.
* Recognize when there is a potential crisis.
* Define validation.
* Highlight potential situations and what to do.

**Coping with Abuse (2.5 CEU’s)**

* Gain new perspective on what challenging behaviors mean to the resident.
* Understand what boundary setting is and why it’s so critical.
* Learn where the line is between boundary setting and abuse.
* Develop strategies for coping with racism, homophobia, etc.
* Learn effective ways to ‘get your head in the game’ before providing care.
* Improve staff support between one another from ‘the top down.’
* Increase your confidence - because you are a skilled caregiver!

**Coping with Abuse Training Information:**

* For maximum effectiveness, each class will have a **limit of 60 participants** **and will be 2.5 hours in length.**
* **All participants will be required to be active participants**. Please be prepared to have your **camera on** during the training.
* Participants will be sent a workbook to use for the training.
* Trainings are available to all LTC facilities.
* All staff are encouraged to attend, regardless of role or discipline.
* This training offers 2.5 Continuing Education Credits!

**Suicide Prevention and Responding to Concerns (1.5 CEU’s)**

* + Understand the range of suicidality, ranging from vague thoughts to suicide completion.
  + Learn how to respond appropriately when you are concerned (or you know) that a client is suicidal.
  + Determine how regulations apply when it comes to responding appropriately to this behavior.