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| **NOVEMBER 2024**  |
| **Sunday**  | **Monday**  | **Tuesday**  | **Wednesday** | **Thursday**  | **Friday**  | **Saturday**  |
| 27   | **28**   | **29**   | **30**   | **31**   | **1**   | 2   |
| 3   | **4**  | **5**  | **6**  | **7** **Crisis Response &** **De-escalation training (No CEU’s)** **1pm-3pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_zt70VkpqToGWj7T7POLJiQ)  | **8**  | 9   |
| 10  | **11**  | **12**  | **13**  | **14**  | **15**  | 16  |
|   | [Veterans Day](https://www.calendarlabs.com/holidays/us/veterans-day.php) |   |  | **Suicide Prevention and Responding to Concerns (1.5 CEU’s) 1pm-2:30pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/webinar/register/WN_i1jjHLu-RVCjk85fE1qdjA) |  |   |
| 17   | **18**  | **19** **Coping With Abuse** **Training-**  **(2.5 CEU’s)** **10am-12:30pm** [Click HERE to register!](https://dshs-telehealth.zoom.us/meeting/register/tZUqdeyoqj0pHNejGuBidveQo3dNBl6owYsK) | **20**  | **21**  | **22**  | 23   |
| 24   | **25**  | **26**  | **27**  | **28** [Thanksgiving Day](https://www.calendarlabs.com/holidays/us/thanksgiving-day.php) | **29**  | 30   |

**Crisis Response & De-escalation training (No CEU’s)**

* Learn about de-escalation.
* Identify verbal de-escalation techniques.
* Discuss how to maintain safety.
* Recognize when there is a potential crisis.
* Define validation.
* Highlight potential situations and what to do.

**Coping with Abuse (2.5 CEU’s)**

* Gain new perspective on what challenging behaviors mean to the resident.
* Understand what boundary setting is and why it’s so critical.
* Learn where the line is between boundary setting and abuse.
* Develop strategies for coping with racism, homophobia, etc.
* Learn effective ways to ‘get your head in the game’ before providing care.
* Improve staff support between one another from ‘the top down.’
* Increase your confidence - because you are a skilled caregiver!

**Coping with Abuse Training Information:**

* For maximum effectiveness, each class will have a **limit of 60 participants** **and will be 2.5 hours in length.**
* **All participants will be required to be active participants**. Please be prepared to have your **camera on** during the training.
* Participants will be sent a workbook to use for the training.
* Trainings are available to all LTC facilities.
* All staff are encouraged to attend, regardless of role or discipline.
* This training offers 2.5 Continuing Education Credits!

**Suicide Prevention and Responding to Concerns (1.5 CEU’s)**

* + Understand the range of suicidality, ranging from vague thoughts to suicide completion.
	+ Learn how to respond appropriately when you are concerned (or you know) that a client is suicidal.
	+ Determine how regulations apply when it comes to responding appropriately to this behavior.