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| **OCTOBER 2024**  |
| **Sunday**  | **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  | **Saturday**  |
| 29    | **30**    | **1**    | **2**    | **3**  **Documentation** **Basics 1pm-3pm** **(2 CEU’s)** [Click here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_CVYRyZsARFmuqVsoS_FwjA)  | **4**    | 5    |
| 6   | **7**  | **8**  | **9**  | **10** **Person-Centered Care for Behavioral** **Management and** **Best Practices (No** **CEU’s 1pm-2pm** [Click here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_2cwjIAHEQROK_oMb48DTvQ) | **11**  | 12   |
| 13   | **14**  | **15**  | **16**  | **17**  | **18**  | 19   |
| 20   | **21**  | **22** **Crisis Response &** **De-escalation training (No CEU’s)** **1pm-3pm** [Click here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_YbPTs7_BR5e3PHaPCTDPZw)  | **23**  | **24**  | **25**  | 26   |
| 27   | **28**   | **29** **Coping With Abuse** **Training-**  **(2.5 CEU’s)** **10am-12:30pm** [Click here to Register!](https://dshs-telehealth.zoom.us/meeting/register/tZMoc-isqDsrHtI8kZBQc_Bb64KPEXVLPQIv) | **30**   | **31**   | **1**   | 2    |

**Documentation Basics (2 CEU’s)**

* Explain why documentation is important.
* Develop strategies to address the “downside” of documentation.
* Describe how documentation can help with regulatory compliance.
* Compare and contrast high quality documentation versus low quality documentation.
* Develop efficient documentation skills.
* Discover the value of using documentation to track behaviors.

**Person-Centered Care for Behavioral Management and Best Practices (No CEU’s)**

* Identify key principles in the Person-Centered Approach
* Learn 3 Core principles for caregivers.
* Discuss how Trauma Informed Care is important in Person-Centered Care
* Identify ways to deal with maladaptive behaviors.

**Crisis Response & De-escalation training (No CEU’s)**

* Learn about de-escalation.
* Identify verbal de-escalation techniques.
* Discuss how to maintain safety.
* Recognize when there is a potential crisis.
* Define validation.
* Highlight potential situations and what to do.

**Coping with Abuse (2.5 CEU’s)**

* Gain new perspective on what challenging behaviors mean to the resident.
* Understand what boundary setting is and why it’s so critical.
* Learn where the line is between boundary setting and abuse.
* Develop strategies for coping with racism, homophobia, etc.
* Learn effective ways to ‘get your head in the game’ before providing care.
* Improve staff support between one another from ‘the top down.’
* Increase your confidence - because you are a skilled caregiver!

**Coping with Abuse Training Information:**

* For maximum effectiveness, each class will have a **limit of 60 participants** **and will be 2.5 hours in length.**
* **All participants will be required to be active participants**. Please be prepared to have your **camera on** during the training.
* Participants will be sent a workbook to use for the training.
* Trainings are available to all LTC facilities.
* All staff are encouraged to attend, regardless of role or discipline.
* This training offers 2.5 Continuing Education Credits!