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| **OCTOBER 2024** | | | | | | |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 29 | **30** | **1** | **2** | **3**  **Documentation**  **Basics 1pm-3pm**  **(2 CEU’s)**  [Click here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_CVYRyZsARFmuqVsoS_FwjA) | **4** | 5 |
| 6 | **7** | **8** | **9** | **10**  **Person-Centered Care for Behavioral**  **Management and**  **Best Practices (No**  **CEU’s 1pm-2pm**  [Click here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_2cwjIAHEQROK_oMb48DTvQ) | **11** | 12 |
| 13 | **14** | **15** | **16** | **17** | **18** | 19 |
| 20 | **21** | **22**  **Crisis Response &**  **De-escalation training (No CEU’s)**  **1pm-3pm**  [Click here to Register!](https://dshs-telehealth.zoom.us/webinar/register/WN_YbPTs7_BR5e3PHaPCTDPZw) | **23** | **24** | **25** | 26 |
| 27 | **28** | **29**  **Coping With Abuse**  **Training-**  **(2.5 CEU’s)**  **10am-12:30pm** [Click here to Register!](https://dshs-telehealth.zoom.us/meeting/register/tZMoc-isqDsrHtI8kZBQc_Bb64KPEXVLPQIv) | **30** | **31** | **1** | 2 |

**Documentation Basics (2 CEU’s)**

* Explain why documentation is important.
* Develop strategies to address the “downside” of documentation.
* Describe how documentation can help with regulatory compliance.
* Compare and contrast high quality documentation versus low quality documentation.
* Develop efficient documentation skills.
* Discover the value of using documentation to track behaviors.

**Person-Centered Care for Behavioral Management and Best Practices (No CEU’s)**

* Identify key principles in the Person-Centered Approach
* Learn 3 Core principles for caregivers.
* Discuss how Trauma Informed Care is important in Person-Centered Care
* Identify ways to deal with maladaptive behaviors.

**Crisis Response & De-escalation training (No CEU’s)**

* Learn about de-escalation.
* Identify verbal de-escalation techniques.
* Discuss how to maintain safety.
* Recognize when there is a potential crisis.
* Define validation.
* Highlight potential situations and what to do.

**Coping with Abuse (2.5 CEU’s)**

* Gain new perspective on what challenging behaviors mean to the resident.
* Understand what boundary setting is and why it’s so critical.
* Learn where the line is between boundary setting and abuse.
* Develop strategies for coping with racism, homophobia, etc.
* Learn effective ways to ‘get your head in the game’ before providing care.
* Improve staff support between one another from ‘the top down.’
* Increase your confidence - because you are a skilled caregiver!

**Coping with Abuse Training Information:**

* For maximum effectiveness, each class will have a **limit of 60 participants** **and will be 2.5 hours in length.**
* **All participants will be required to be active participants**. Please be prepared to have your **camera on** during the training.
* Participants will be sent a workbook to use for the training.
* Trainings are available to all LTC facilities.
* All staff are encouraged to attend, regardless of role or discipline.
* This training offers 2.5 Continuing Education Credits!