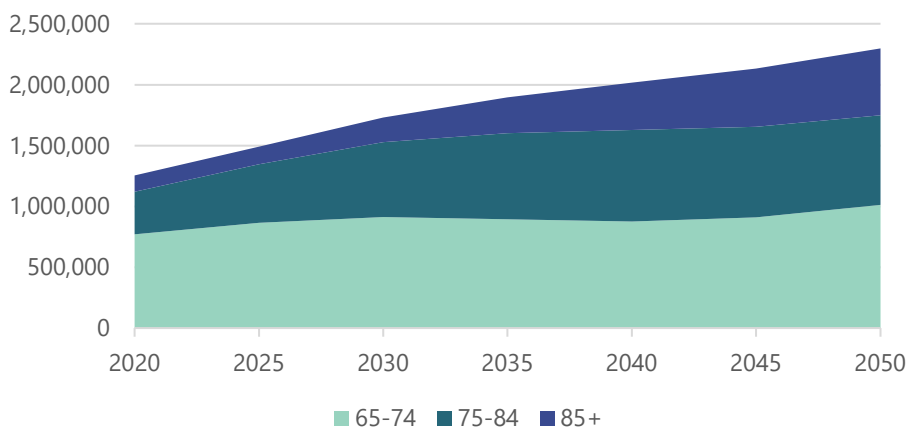


**At the age of 65, a Washingtonian is expected to live another 19.5 years or to the age of 84.5, with differences based on sex, race, social class, and geography.**

As Washingtonians live longer and healthier lives, we gain from their knowledge and can learn from their examples of aging well. Our communities and systems of support, though, are not prepared to meet the specific needs of this expanding older adult population.

A multisector plan for aging (MPA) is a cross-sector, state-led strategic planning tool that can help us transform the infrastructure and coordination of services to address the needs of older adults and people with disabilities.

### Growth of 65+ Population, 2020-2050



### What is the Opportunity?

- Having an MPA is an opportunity to elevate existing programs, raise awareness around aging and engage in proactive planning across public and private sectors to help older adults remain as vital contributors to our families, communities, and the state.
- An MPA will reinforce linkages across government agencies, departments, and community partners to support and improve cross-sector planning, coordination, and implementation for Washington's aging population – and engage additional private sector partners in areas like housing, transportation, business, banking, and employment.
- With the goal of having a coordinated system of care and support services that promotes healthy aging, independent living, and social engagement, the MPA also will address critical issues of aging -- healthcare, economic stability, neighborhoods and built environment, and other social determinants of health.
- MPAs are not just a plan for today's older adults, but a road map to support healthy aging and longevity for the future.

### Driven by Data

In 2011, the first baby boomers started reaching 65 years of age. By 2030, all baby boomers will be over 65 years old.

In 2020, people 75 and older represented 7% of the total state population. By 2040, this age group will be 12% of the total state population.

These demographic shifts will have a profound impact on the volume and types of services and supports that states provide to older adults and people with disabilities, as well as family caregivers.

### Tackling Inequities

The population of Washington state is not only aging but becoming more diverse. Our population grew 10% more diverse compared to a decade ago.

An MPA would build upon the assets of our communities and tackle inequities due to age, race, income, gender, disability, and geography.

### Coming Together Towards a Multisector Plan for Aging in Washington

Early/mid-2024

- Socialize concept and raise awareness with partners.
- Establish Age- and Dementia-Friendly State Designation.
- Hold Age & Longevity Summit.
- Explore funding mechanisms to initiate work on MPA.

Later 2024

- Convene Aging & Longevity Interagency work group to inform next steps.
- Increase understanding of and buy-in for an MPA among key state and agency leaders and community partners.
- Gain momentum and support for MPA.

2025-2026

- Convene 2025 Summit.
- Engage administrative and/or legislative support for MPA.
- Involve sector champions in plan development.
- Identify priority goals and strategies across sectors.
- Draft Washington State MPA.

### A Call to Action

A Multisector Plan for Aging acts as a blueprint for action to create a Washington that promotes health, well-being, and inclusion across the lifespan for years to come. We ask that you support the development of an MPA in Washington state.

The following organizations have been part of the Center for Health Care Strategies (CHCS) Multisector Plan for Aging (MPA) Learning Collaborative and are working together to develop a pathway to an MPA.

