

Medicaid Health Homes

Public Informational Webinars



June 21, 2012

Integrated Care

The Need; The Vision



The Need for Integrated Care in the 21st Century

- Fragmented service delivery and lack of overall accountability (medical and non-medical)
- Service needs and risk factors overlap in high-risk populations
- Incentives not aligned to achieve outcomes
- Sustainability concerns
- Small percent of people account for high proportion of costs
- Federal and state legislative direction

Integrated Care Vision

Integrated systems must:

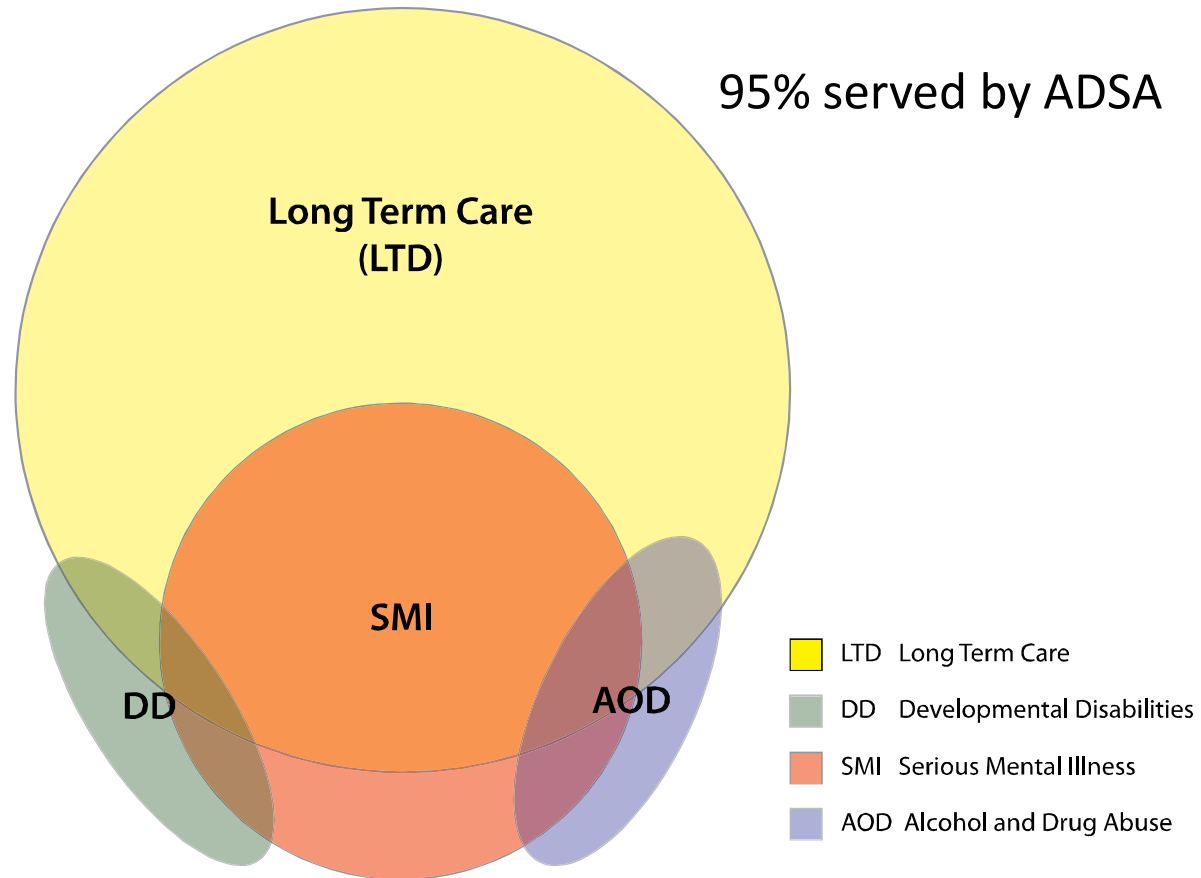
- Be based in organizations that are accountable for costs and outcomes
- Be delivered by teams that coordinate medical, behavioral, and long-term services
- Be provided by networks capable of meeting the full range of needs
- Emphasize primary care and home and community based service approaches

Integrated Care Vision *(cont.)*

Integrated systems must:

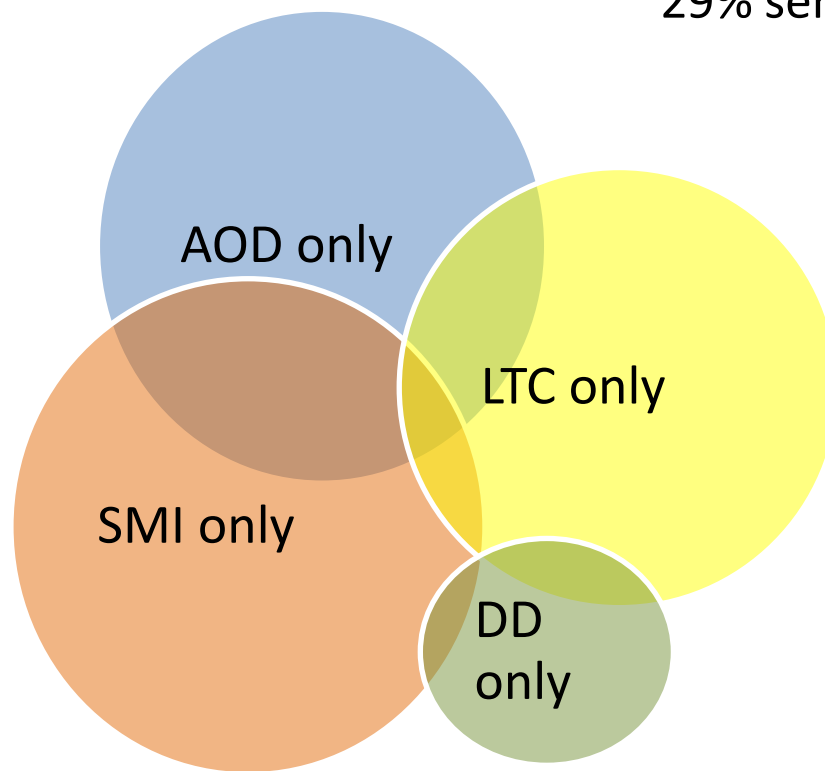
- Provide strong consumer protections that ensure access to qualified providers
- Respect consumer choices in the supports they receive
- Unite consumers and providers in eliminating use of unnecessary care
- Align financial incentives to impel integration of care

Service Needs Overlap for High Risk/High Cost Beneficiaries who are Eligible for Medicare & Medicaid



Service Needs for High Risk/High Cost Medicaid-Only Beneficiaries Overlap

29% served by ADSA



State Strategies for Integrating Care Include ...

- Expanded service delivery, through capitated contracts with health plans
 - Part of state purchase strategy since 1994
 - July – September 2012 – Blind and Disabled (SSI) Medicaid enrollees who are not Medicare dual-eligible
 - January 1, 2014 –Dual-eligible (Medicaid-Medicare) enrollees, in counties where legislative authority approves and health plans demonstrate the required expertise and provider networks
- Embed robust delivery of Health Home services in all systems

Health Homes

Description and Goals



Sources that Inform Washington's Health Home Model

- Federal law – Section 2703, Affordable Care Act
- State law – SSB 5394 (passed in 2011)
- Stakeholder feedback during “Duals” planning
 - Integrate across medical and social services to improve coordination and align incentives
 - Create a single point of contact and intentional care coordination for beneficiaries
 - Build on what's working while improving, including flexibility to allow for local variances based on population need and provider networks

Overview

- Health Home entities must be state “qualified”
- Targeted to High Risk Individuals
- Required in the Medicaid/Basic Health contracts for the 5 managed care contractors
- HCA will contract for Health Home services under fee for service beginning January 2013
- Will be required under integrated managed care contracts for duals targeted for implementation January 2014

Services

- Comprehensive care management including
 - Intensive/Chronic Disease management
 - Transitions management/readmission reduction
 - Self-management support/patient education
 - Linkages to community/social support services
- Health assessment
- Coordinated Health Action Plans driven by the individual
- Use of Health Information Technology

Goals

- Establish person-centered health action goals designed to improve health, health-related outcomes and reduce avoidable costs
- Coordinate across the full continuum of services
- Organize and facilitate the delivery of evidence-based health care services
- Ensure coordination and care transitions
- Increase confidence and skills for self-management of health goals
- Single point of contact responsible to bridge systems of care

Health Homes

Implementation Approach



Health Home Differs From a “Patient Centered Medical Home”

- Health Home focuses on cross-system health care and social service delivery and coordination
- Medical Home focuses on medical care coordination and community referrals
- Health Homes provide care coordinators for high risk/high cost Medicaid population that work with multiple, cross system providers, including medical providers to facilitate care
- Health Home is focused on Medicaid, medical homes focus on all payers

Eligible Beneficiaries

- Identified chronic condition
- All ages, proportionally more individuals impacted among duals, than SSI Blind Disabled and traditional Healthy Options
- Statistically higher Emergency Department use, hospitalization and re-hospitalization
- A risk score of 1.5 or greater or recent evidence of high use patterns – Emergency Department and Hospitalization

Health Home Structure

- Network of organizations that provide health home services
- Each network has an identified “lead entity” that is responsible for administrative functions
- Bridges all service domains including medical, mental health, chemical dependency and long term services and supports
- May include health plans, community based organizations, clinics, etc.

Focus on High Risk Beneficiaries

- Most at-risk for adverse health outcomes
- Greatest ability to achieve impacts on hospital and institutional utilization, and mortality
- Most likely to need/receive multiple Medicaid paid services
- Cost effective / achieve a return on investment
- Need to achieve funding sustainability for these interventions

Payment for Health Home Services

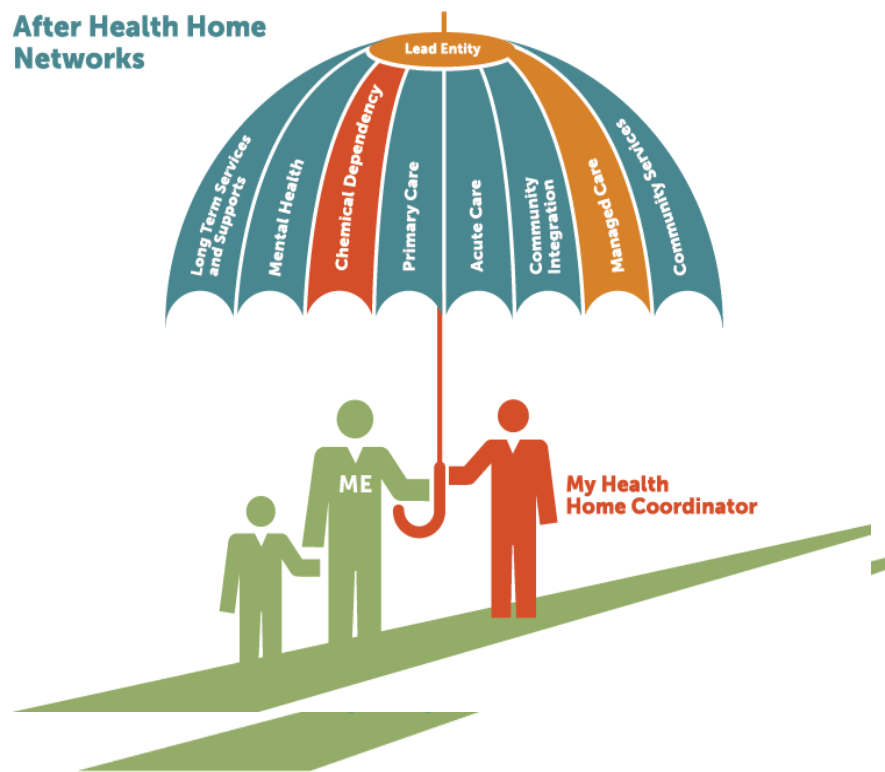
- \$150 - \$180 per member/per month payment at highest level
- Potentially tiered based on level of intensity or time period
- Consideration of incentive payments
- Amounts the same for health plans or fee-for-service clients
- Health plans pass share of payment to network entities who provide care coordination services
- Fee-for-service: Payment to lead entity that passes share of payment to entities who provide care coordination services

Health Homes

Before Health Home Networks

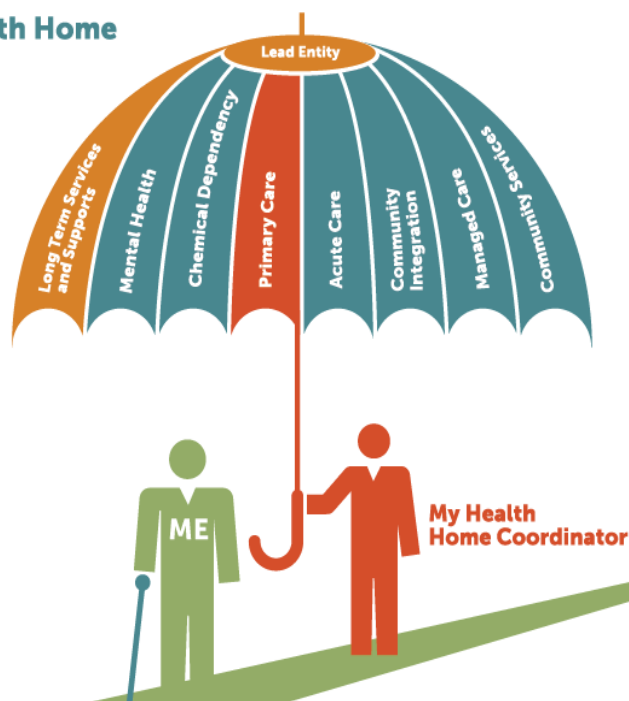


After Health Home Networks

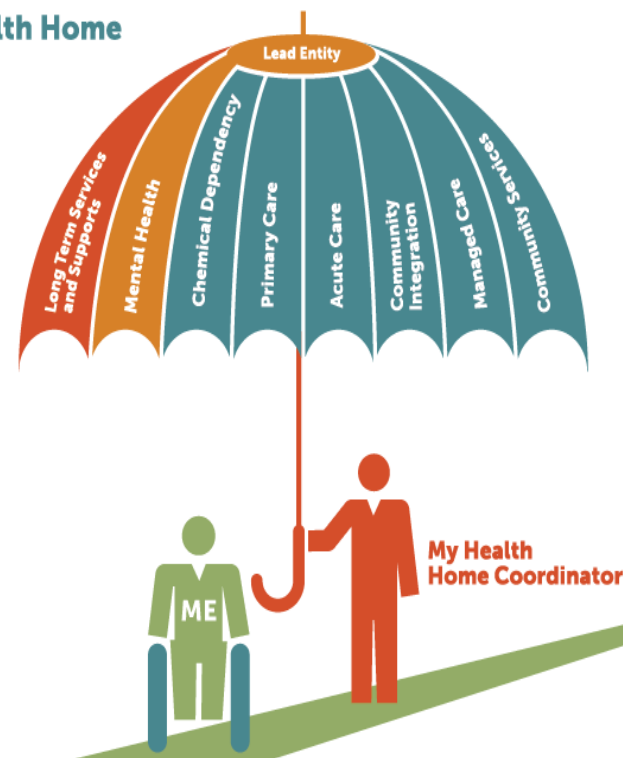


Health Homes

After Health Home Networks



After Health Home Networks



Qualification Process

- An application and process for reviewing and qualifying health homes is being drafted
- Released in September, Scored in October
- Emphasis on creation of community partnerships, expert care coordination staff, outreach and high touch services delivered in community setting including a beneficiary's home

Community Input on Implementation

- Public comments on duals design plan and draft qualifications documents
- HealthPath Washington Advisory Team (HAT) Representation Includes:
 - Beneficiaries
 - Full range of service needs
 - Provider groups from medical and social services
 - Local governments
 - Public Health
 - Advocacy organizations

Next Steps

- Work with Healthy Options health plans to align with 2703 health home implementation
- Negotiations with CMS on implementing for duals
- Public Webinars on Health Homes last week of June (26th and 29th)
- State sponsored regional forums (Fall 2012)
- Qualifications and application process (Fall 2012)
- Contracting
- Training

Resources

Websites:

http://www.hca.wa.gov/health_homes.html

<http://www.adsa.dshs.wa.gov/duals/>

<http://www.integratedcareresourcecenter.com/>

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