

SHDD Training Opportunities

SHDD Website: <https://www.dshs.wa.gov/altsa/residential-care-services/state-hospital-discharge-and-diversion-team>

August 2023

Audience: **ALTSA Contracted Providers**

To register, click on the link or follow the registration instructions associated with the training you would like to join.

Important Notes:

- Due to high demand, *please be sure to cancel registration if you are not able to attend*. This will allow for others to register.
- To obtain CEU credit(s), participants are required to attend and participate for the entire duration of the training. *This includes participating in all activities.
- To participate in virtual trainings, you will need to join by desktop or laptop computer. This is required to fully engage/interact in the virtual classroom setting.

To request ASL and/or CART interpreters, please email shddref@dshs.wa.gov 30 days before the scheduled training.

Training Description	Date/Time	Registration Link
<u>2-hour Webinar - <i>Suicide and Non-Suicidal Self Harm Training</i> - 2 CEU's</u> This training focuses on helping providers recognize the differences between self-harm, suicidal ideations, and suicide attempts, including understanding the reasons why these behaviors occur. This training will improve provider skills to recognize and prevent self-harm behavior and decrease risk of harm to clients.	Tuesday, August 1, 2023 @ 10:00 - 12:00	https://attendee.gotowebinar.com/register/125396434937498719
<u>1 hour Webinar - <i>Psychogenic Polydipsia: Explanation and Interventions</i> - 1 CEU</u> In this webinar, learners will receive a general overview of Polydipsia. Polydipsia is a condition characterized by excessive fluid intake and is often seen in individuals with Mental Health conditions. Within this course, participants will learn ways to identify behaviors, symptoms, and interventions. Learners will be provided tools to effectively communicate with medical providers and assist with developing Care Plans.	Tuesday, August 4, 2023 @ 1:00 -2:00	https://attendee.gotowebinar.com/register/6506552904223933022
<u>2.5-hour Webinar - <i>Understanding & Responding to Mental Health Crises</i> - 2.5 CEU's</u> This training provides participants with knowledge and tools to understand and respond to mental health crises. The course objectives include: <ul style="list-style-type: none">• Define crisis• Explore the science of crisis	Tuesday, August 15, 2023 @ 9:00 - 11:30	https://attendee.gotowebinar.com/register/8806639970066330207

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<ul style="list-style-type: none">• Review each phase of the Crisis Cycle• Offer tips for response and recovery• Explore prevention techniques & strategies• Provide tools to create & implement individualized crisis plans		
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