

Hospital Transition Support Unit (HTSU)

The goal of the HTSU is to support safe, person-centered transitions for individuals with complex behavioral and medical needs through pre-transition planning and coordination, case consultations, risk reviews, staff and provider training and post-transition staffing.

Behavioral Support Trainers



Tam Butler – Region 2

Tam Butler is the Behavior Support Trainer for Region 2 within the Hospital Transition Support Unit since 2017. Tam joined HCS, following a Social Services position in a Skilled Nursing Facility (SNF), as a Nursing Facility Case Manager in the Snohomish and King Counties. This role also included Case Management for the Residential Support Waiver services in SNF's and AFH's.

Prior to immigrating to the USA from the UK, Tam taught Social Work students, Nursing Home Administrators and Caregivers to attain National Qualifications, and certifications to gain their licenses to practice. Tam attained her Bachelor of Science in Social Work and Practice Teachers Award from Suffolk University, UK. Her background includes working within the DDA group home and day care settings, Mental Health assessment and day care, Residential care and In-home care agency management, hospital Social Work and Psychogeriatric fields.

Tam strives to promote equality and inclusion for all clients and to maximize their potential to attain their life goals.



Lauren DeMayo – Region 3

Lauren DeMayo serves as the Behavior Support Trainer for Region 3 within the Home and Community Services (HCS) Hospital Transition Support Unit. Before joining HCS, Lauren brought her expertise from Western State Hospital, where she dedicated her efforts to supporting Developmentally Disabled adults in the Habilitative Mental Health Services Unit. Hailing from New York, Lauren has a wealth of Social Services experience. Her journey began at a Residential/Day Treatment Facility's Community Based Services Unit, where she served as a Mandated Preventive Services Case Manager for the Department of Social Services, ensuring families at risk of losing their children received comprehensive case management to navigate the challenges.

Lauren later transitioned to the Department of Social Services, Child Advocacy Center, as a Crime Victim Advocate, providing unwavering support to children and their families affected by physical and sexual abuse. Her experience highlights an uncompromising commitment to working with complex cases and compassionately addressing individuals' needs. Lauren's dedication shines through her passion for cultivating strong relationships with her clients, empowering them to navigate the system's complexities and embracing lives filled with happiness and fulfillment.





Nicholas Mehrnoosh – Region 1

Nicholas “Nick” Mehrnoosh is the Behavior Support Trainer for Region 1 within Home and Community Services (HCS) Hospital Transition Support Unit. Nick’s pertinent educational background includes a Master of Science in Psychology from Eastern Washington University, in addition to specialized training in Suicide Assessment, Treatment, and Management. Nick’s professional credentials include being a Mental Health Professional (MHP) as a Licensed Mental Health Counselor (LMHC) in the State of Washington. Nick’s core experience includes dual work as a clinician and teacher. His clinical experience includes delivering therapeutic modalities to older adults living with neurocognitive conditions, in addition to extensive work providing assessments and therapeutic treatments to children, adolescents, and families within community mental health programs, such as, WISe and Intensive Outpatient Services.

As a teacher, Nick has taught several university-level courses, namely, Theories of Personality and Trauma-Informed Care for Children and Families, while also aiding in piloting the Washington State DSHS Training Course, Brain Injury Level 1: Capable Caregiving for Brain Injury. Nick has additional experience within the realm of research, having served as the principal investigator on research examining executive dysfunction in adulthood, specifically looking at the intersection of childhood traumatic burden, executive dysfunction, and mild-Traumatic Brain Injury. His work with Traumatic Brain Injury (TBI) has further led to several advocacy opportunities to promote TBI awareness and prevention within his community and to an appointment on the Washington Strategic Partnership Advisory Council since 2018. Nick is deeply passionate about his work and strives to promote a positive impact for his clients, students, and most of all, the community at large.



Jennifer Coggins – Statewide

Jennifer Coggins serves as a Behavioral Support Trainer for the Home and Community Services (HCS) Hospital Transition Support Unit, with a particular focus on the Civil Transitions Program (CTP). Jennifer joined HCS in 2018 as a Social Services Specialist III with the Behavioral Support Unit (BSU), additionally providing essential assistance to both the State Hospital Discharge and Diversion (SHDD) and the Acute Care Hospital (ACH) teams.

Jennifer was born and raised with a passion for community engagement and healthcare. Her formative experiences led her to earn a Bachelor's Degree in Psychology, with several esteemed awards for her excellence and dedication. Before joining HCS, Jennifer's work was focused on Community-Based Health Centers, having been afforded the opportunity to engage in multiple roles ranging from a Certified Nursing Assistant, Staffing Coordinator, Admissions and Discharge Planner, Therapy and Restorative Services Supervisor, Social Services Coordinator, and as a Behavioral Support Specialist working directly with children and families.

Jennifer is passionate about promoting Equity and Inclusion (EDAI) and transforming lives by promoting choice, independence, and safety through innovative services.