



COMMUNITY REPORT



JULY 2023 - JUNE 2024

The TBI Council supports the Washington traumatic brain injury (TBI) community through prevention awareness, advocacy, education, delivery of services, and support programs (RCW 74.31)

MILESTONES

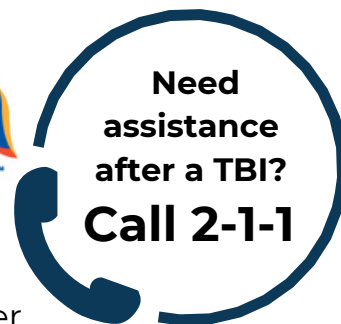
- **15,498 people** contacted WA211 and were referred to 62,550 community-based TBI-related resources
- **30,000+ participants** at 112 statewide Safe Kids Washington events
- **6,000+** users of Return to School, 2X the users from 2023
- **836** attendees for Return to School webinars
- **158 virtual support group sessions** for people with TBI, paid/unpaid caregivers, medical providers and veterans
- **115 attendees** at *Building Capacity in Brain Injury* virtual workshops
- **511 views** of *Building Capacity in Brain Injury* workshop recordings
- **557 users** of TBI Skill Builder training materials
- **23 TBI case consultation sessions** with University of Washington Behavioral Health ECHO program (averaging 23 attendees/session)
- **700+ people** in corrections system given TBI screening and support
- **79 support group sessions** for people in correctional facilities

“The inspiration and togetherness of these (TBI support) groups are important to me. Plus the ability to join online is an asset!”

- TBI Support Group Attendee

TBI INFORMATION & REFERRAL

WA 211 started taking TBI-related calls in November 2022 and has since **connected 26,134 people** who have experienced a TBI (or are a caregiver) to **93,448 community-based resources** at no cost to the caller.



GREATEST NEEDS & SUPPORT REQUESTS TO WA 211



HOUSING
34,559 referrals



LEGAL
11,006 referrals



FOOD
8,307 referrals



UTILITIES
7,938 referrals

Additional top needs and the # of referrals: other/misc (12,327), healthcare (4,774), household (3,941), mental health/addictions (3,763), transportation assistance (3,015), employment/income (2,496).

TBI VIRTUAL SUPPORT GROUPS



648 people attended support groups for people with TBI, paid/unpaid caregivers, medical providers and veterans. Support groups are a safe place to share the experiences, feelings and challenges of living with a TBI.

In 2024, DSHS published a **TBI Support Group Guide** for people interested in creating or participating in a TBI support group.



SCAN to access virtual TBI support groups



SCAN to access Support Group Guide (PDF)

“ *I really appreciate the stories of survivors. . .they have allowed me to see that my emotions are closer to normal after dealing with a TBI.*

- Person with TBI attending support group

TBI RESEARCH SURVEY



In 2024, Washington state in partnership with the Center on Brain Injury Research & Training conducted a research survey on TBI-related services and needs. **765 people with lived TBI experience, caregivers and providers responded to the survey.** The results provide valuable insight for future data-driven decisions and community-informed recommendations.

TBI PROVIDER EDUCATION & OPPORTUNITIES



The University of Washington TBI Behavioral Health ECHO Program connects front-line providers with specialists for ongoing virtual consultation and education. Focusing on the the management of behavioral health problems of those with TBI, an interdisciplinary team offers ongoing, free curriculum.

“ *Thank you for always having such amazing trainings. Some of the best!*
-CBIRT participant

DEPARTMENT OF CORRECTIONS (DOC) TBI PROJECT

The DOC TBI project found that **72% of incarcerated people have experienced a TBI - versus only 8% of the general public.** The DOC TBI project provided much needed awareness, support and education for DOC staff and 700+ people incarcerated with a TBI. This program, despite its popularity, ended June 2024.



The TBI Council partners with the Department of Health and local **Safe Kids** coalitions to spread awareness on water safety, pedestrian safety, emergency preparedness, sports safety, traffic safety and more. [SafeKidsWashington.org](https://www.SafeKidsWashington.org).

112 SAFE KIDS EVENTS
30,000+
KIDS, FAMILIES, & OTHER ATTENDEES



Sign up for *Heading Forward*, a monthly DSHS TBI email update sharing timely resources, events and opportunities relevant to the TBI community and allies.