

## DSHS – 48 Bed Behavioral Health Community – Project Narrative

This application includes all applicable elements included in Table 40.510.050-1 and these elements are numbered to be consistent with the Type III Submittal Requirements Checklist.

### Issues from Pre-app

- Boundary Line Adjustment has been approved and will be recorded prior to permit approval
- Use is permitted through a CUP and responses to criteria have been included with application
- An Environmental (SEPA) checklist has been completed and DSHS, as Lead Agency, has issued an MDNS
- A Landscape plan that is compliant with code has been included with the application package
- Parking is compliant with code
- Solid Waste and Recycling has been addressed to comply with code
- Critical Area Wetland review was completed with County and wetland mitigation permitting is being pursued through Dept of Ecology and Clark County
- Grading and Stormwater management is in design to comply with code
- Traffic Impact Analysis has been included with the application package
- Pedestrian and Bicycle Standards will be detailed to comply with code as a part of the Site Development Permits
- Half-street improvements to NE 159th Street as an Urban (2) lane Collector with center left turn lane and bike lane will be provided along affected property frontage
- Potential future cross-circulation is anticipated by design
- Driveways have been designed to comply with Transportation Standards and requirements of Fire Marshall
- The project will comply with the CC Stormwater and Erosion Control Ordinance and will obtain required permits
- A Public Health Project Review letter has been obtained from the Dept of Health and is included with this application
- Water and Sewer Purveyor Utility letters are included with this application
- Fire Flow, hydrants and EVA will be provided as required by the Fire Marshall
- Fire Alarms and Sprinkler system will be provided as required by the Fire Marshall
- An Archaeological Predetermination was provided by a professional archaeologist and submitted to the Dept of Archaeological and Historic Preservation. A response letter from DAHP is included with this application

Services and utilities will be provided from NE 159th Street.

## Scope of the project

This project will consist of three new buildings. Each building will be a single-story 16,000 square foot residential treatment facility with 16-beds. Each building will have associated site improvements and parking. Two of the facilities will provide secure civil behavioral health services and the third building will be able to function as a voluntary step-down unit for individuals transitioning out of the inpatient stay back to the community.

These facilities are designed to house patients who previously would have been treated at Western State Hospital.

The design for each building will focus on integrating into the existing built environment with a residential-style aesthetic. Construction is intended to be of wood stud framing, shed roofs, and aluminum-framed windows. The buildings that are to be used for this project will be new construction. The facility will be ADA compliant and have full sprinkler coverage. The facility contains single and double patient bedrooms, group areas for patient activities, patient laundry room, a re-heat kitchen, a sensory room, an exercise room and a life skills training room. Additionally, an outdoor patient patio is provided. The building floorplan and essential services are operationally appropriate to support the proposed clinical program.

All the proposed construction work will be completed prior to opening and no patients will be present during construction activities. Therefore, there are no infection control or interim life safety plans be developed or implemented.

## Types of Residents Admitted to this Facility

- The Clark County 90/180 Civil Commitment and Step-Down facilities shall admit adults (age 18 and over) requiring in-patient mental health treatment. The three units will each have a maximum occupancy of 16 beds.
  - a. Eligibility:  
The 90/180 Civil Commitment program shall serve adults who are court ordered to inpatient behavioral health treatment for 90/180 days under the Involuntary Treatment Act. The facility will ideally serve residents of Clark County and the surrounding areas.
  - b. The Step-Down program is a voluntary in-patient program and shall serve adults who are advanced in their treatment beyond what is typically provided in the 90 to 180 civil commitment programs. These individuals are continuing to develop self-management, interpersonal ability, independent living skills, and the capacity to rejoin the social, educational, and occupational communities outside of this facility.

## Services Offered

- The services offered in the Clark County’s 90/180 Civil Commitment beds are that of psychiatric treatment of adults in who have involuntary treatment orders for up to 90/180 days of inpatient treatment representing a significant risk to themselves/others due to a mental disorder, who meet the regulatory and program requirements for admission. The length of stay in this facility is anticipated to be 90 to 180 days.
- A 16-bed Step Down Unit would provide voluntary transitional residential care to individuals who have psychiatrically stabilized and who are ready to transition to the community, but who required a structured and supported living arrangement that provides life-skills training, support and allows the patient to ease back into community living.

**Activities Provided**

Examples of the resident activities, the frequency of the activities, and where each will occur.

- Services and activities to be provided to patients of the 90/180 Civil Commitment Program are medical screening, psychiatric screening, risk screening, complete psycho-bio-social evaluation, peer support and treatment with the intent of stabilization, improvement in mental status, behavior and adoption of recovery principles to the extent that the patient may be returned to their previous, or another, less restrictive living arrangement with appropriate integration into aftercare services.
- In addition to initial intake & evaluation, risk assessment addressing potential for self or other harm and individual case consultation with various profession disciplines, below represents a sample of a daily schedule of activities. All groups will occur in the space labeled ‘Great Room’ on the floor plan.

Sample daily schedule:

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 – 7:00 a.m.	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30 – 9:00 a.m.	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Community Meeting
9:10 – 9:55 a.m.	Journaling Group Or AM Recreation	Journaling Group Or AM Recreation	Journaling Group Or AM Recreation	Journaling Group Or AM Recreation	Journaling Group Or AM Recreation	Journaling Group Or AM Recreation	Journaling Group Or AM Recreation
10:10 – 10:55 a.m.	RCCS Handling Strong Emotions	RCCS Mindfulness	RCCS Planning Your Recovery	RCCS Handling Strong Emotions	RCCS Mindfulness	RCCS Psychoeducation	RCCS Planning Your Recovery
11:00 – 11:45	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:15 – 1:00 p.m.	Outdoor Recreation Or Games	Outdoor Recreation Or Games	Outdoor Recreation Or Games	Outdoor Recreation Or Games	Outdoor Recreation Or Games	Outdoor Recreation Or Games	Outdoor Recreation Or Games
1:15 – 2:00 p.m.	Nutrition	Medication Forum	Ask The Doc	Healthy Choices	Medication	Health Issues	Medication Issues

2:15 – 3:00 p.m.	Visiting Hours 2:00-3:00	Art & Expression	Music Therapy	Art & Expression	Music Therapy	Creative Expression	Visiting Hours 2:00-3:00
3:15 – 4:00 p.m.	AA	Discharge Planning	CD Recovery Issues	Symptom Management	Discharge Planning	CD Recovery Issues	Symptom Management
4:00 – 4:15 p.m.	Meet Your PM Staff	Meet Your PM Staff	Meet Your PM Staff	Meet Your PM Staff	Meet Your PM Staff	Meet Your PM Staff	Meet Your PM Staff
4:15 – 5:00 p.m.	Interpersonal Skills BINGO	Interpersonal Skills MOVIE	Coping Skills	Stress Management	Spiritual Guidance	Symptom Management	Interpersonal Skills GAME TIME
5:00 – 5:45 p.m.	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:45 – 6:30 p.m.	PM Recreation	PM Recreation	PM Recreation	PM Recreation	PM Recreation	PM Recreation	PM Recreation
6:30 – 7:30 p.m.	Visiting Hours	Visiting Hours	Visiting Hours	Visiting Hours	Visiting Hours	Visiting Hours	Visiting Hours
7:30 – 8:00 p.m.	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group	Wrap-Up Group
8:00 p.m. – bedtime	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time

### Transportation

Patients will arrive and be admitted through the front entrance. All entrances have paved sidewalks and fully accessible entrances.

### Policy

The Clark County 90/180 Civil Commitment program shall provide for the provision for transportation for residents in accordance with Washington state laws and rules governing transportation.

It is the policy of the Clark County 90/180 Civil Commitment program to protect resident health and safety by developing written policies and procedures that are consistent with the requirements of WAC 246-337-065(3) and address safe transportation for residents.

### Procedure

- Staff will not transport residents in their own vehicles.
- Bus tickets and schedules are available for those residents who are assessed to be able to use the public transportation system and travel unaccompanied.
- Cabs will be arranged, either accompanied or unaccompanied, for residents not able to use the public transportation system.
- Para transit is available for residents who have a current medical coupon.
- Ambulances will be arranged for emergencies and as clinically indicated.

- RCW 71.05.190: Persons not admitted — Transportation — Detention of arrested person pending return to custody.

**Staffing**

- Types of staff, such as administrator, alternate administrator(s), nursing assistants, LPN, RN, foodservice workers, janitors, security, groundskeepers, etc.

**EXAMPLE 90/180 CIVIL COMMITMENT STAFFING PATTERN**

Subject to be revised when final Private Operator is chosen

Position	Mon	Tues	Wed	Thur	Fri	Sat	Sun	Total Shifts	Total FTEs
<b>AM</b>									
Regional Operations Director	0.15	0.15	0.15	0.15	0.15	-	-	0.75	0.15
Program Administrator	1.00	1.00	1.00	1.00	1.00	-	-	5.00	1.00
Director of Nursing	1.00	1.00	1.00	1.00	1.00	-	-	5.00	1.00
Clinical Director	1.00	1.00	1.00	1.00	1.00	-	-	5.00	1.00
Director of Social Services	1.00	1.00	1.00	1.00	1.00	-	-	5.00	1.00
Rehab Therapists	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
Social Workers	1.00	1.00	2.00	2.00	2.00	1.00	1.00	10.00	2.00
Registered Nurses	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
LVNs/LPTs	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
Mental Health Specialist	3.00	3.00	3.00	3.00	3.00	3.00	3.00	21.00	4.20
Peer Counselor	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
Nurse Practitioner	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
Business Office Manager	1.00	1.00	1.00	1.00	1.00	-	-	5.00	1.00
Medical Records Tech	1.00	1.00	1.00	1.00	1.00	-	-	5.00	1.00
Unit Clerks	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
HR/Administrative Assistant	1.00	1.00	1.00	1.00	1.00	-	-	5.00	1.00
	<b>17.15</b>	<b>17.15</b>	<b>18.15</b>	<b>18.15</b>	<b>18.15</b>	<b>10.00</b>	<b>10.00</b>	<b>108.75</b>	<b>21.75</b>
<b>PM</b>									
LVNs/LPTs	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
Mental Health Specialist	3.00	3.00	3.00	3.00	3.00	3.00	3.00	21.00	4.20
Peer Counselor	2.00	2.00	2.00	2.00	2.00	2.00	2.00	14.00	2.80
Registered Nurses	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
	<b>7.00</b>	<b>7.00</b>	<b>7.00</b>	<b>7.00</b>	<b>7.00</b>	<b>7.00</b>	<b>7.00</b>	<b>49.00</b>	<b>9.80</b>
<b>NOC</b>									
Mental Health Specialist	3.00	3.00	3.00	3.00	3.00	3.00	3.00	21.00	4.20
Registered Nurses	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
LVNs/LPTs	1.00	1.00	1.00	1.00	1.00	1.00	1.00	7.00	1.40
	<b>5.00</b>	<b>5.00</b>	<b>5.00</b>	<b>5.00</b>	<b>5.00</b>	<b>5.00</b>	<b>5.00</b>	<b>35.00</b>	<b>7.00</b>
<b>Total Facility Staffing</b>	<b>29.15</b>	<b>29.15</b>	<b>30.15</b>	<b>30.15</b>	<b>30.15</b>	<b>22.00</b>	<b>22.00</b>	<b>192.75</b>	<b>38.55</b>

**Resident Room and Toilet rooms**

The facility consists of three semi-private double room and ten single rooms. Each patient shall be provided with a bed, mattress, nightstand and wardrobe cabinet. The wardrobe cabinets are not equipped with doors and do not lock. Patient belongings can be stored in secure lockable storage in the patient effects room. Patient room doors will have “classroom” function door hardware installed. This hardware function allows exit from a room at all times but can be locked from the corridor side if a room is not in use or undergoing maintenance. With “classroom” function locks there is no method of being locked inside a bedroom.

The facility is equipped with thirteen combination toilet/shower rooms and one toilet room that is available to patients near the day room.

### **Outdoor Spaces**

The facility is provided with a fenced yard area for patient activities. Secure furniture will be provided.

### **Laundry Service**

The facility contracts with an offsite commercial laundry (still to be determined) services for all bedding, towels, etc. The contracted vendors cleaning procedures shall be documented and available onsite for review.

Patients wash their own clothes onsite in a standard washing machine and dryer. Patient clothes are never co-mingled with that of other patients or contracted linen products. When patients are incapable of performing their own wash staff will assist with washing duties. The patient laundry room is configured for proper linen flow (soiled, wash, dry, fold).

### **Food Service**

- Menu’s and food service to be provided by a contracted food service vendor. The vendor will be required to show evidence of compliance with applicable regulatory compliance with Safe Food Handling, provide alternative and special dietary needs menus/foodstuff with advance notice in addition to “regular diet” menus. Specific Policy and Procedures of the mechanics of food delivery, storage, heating shall be established in coordination with the commercial vendor closer to occupancy of the physical plant and subsequent to determination of Dietary related equipment and confirmation of acceptable location.
- Breakfast, Lunch and Dinner, Snacks, PRN food for after hour’s admissions shall be provided, inclusive of plans for Emergency. Modified diets shall be provided whenever possible requiring advance notice.
- Meals will be prepared offsite by a food service provider.
- No dish washing is done on the premises. Disposal wares are used by patients and service pans are returned to the contract provider for cleaning.

### **Buildings and surrounding areas security**

The 90- to 180-day civil commitment facilities shall be secured by mechanically locked doors with emergency egress to the outdoors. Egress shall be defined by local fire code, and patient emergency relocations shall be done per the defend in place strategy. There exists a sally port to ensure patient safety in receiving patients for care. The patio will be secured with a fence and anti-climb finish.