

Supports Intensity Scale - Adult Questions Handout for Respondents

A. Home Living Activities
A1. Bathing and taking care of personal hygiene and grooming needs
A2. Dressing
A3. Using the toilet
A4. Preparing food
A5. Eating food
A6. Taking care of clothes, including laundering
A7. Housekeeping and cleaning
A8. Operating home electronics
A9. Using currently prescribed equipment or treatment
B. Community Living
B1. Getting from place to place throughout the community (transportation)
B2. Participating in recreation/leisure activities in the community
B3. Participating in preferred community activities (churches, volunteer, etc.)
B4. Accessing public buildings and settings
B5. Using public services in the community
B6. Shopping and purchasing goods and services
B7. Interacting with community members
B8. Going to visit friends and family (includes transportation)
C. Health and Safety Activities
C1. Taking medications
C2. Ambulating and moving about
C3. Avoiding health and safety hazards (Protective supervision question)
C4. Obtaining health care services
C5. Learning how to access emergency services (Protective supervision question)
C6. Maintaining a nutritious diet
C7. Maintaining physical health and fitness
C8. Maintaining emotional well-being

D. Life-Long Learning Activities

- D1. Learning and using problem solving strategies
- D2. Learning functional academics (reading signs, counting change, etc.)
- D3. Learning health and physical education skills
- D4. Learning self-determination skills
- D5. Learning self-management strategies
- D6. Participating in training/educational decisions
- D7. Accessing training/educational settings (includes transportation)
- D8. Interacting with others in learning activities
- D9. Using technology for learning

E. Work Activities

- E1. Learning and using specific job skills
- E2. Completing work-related tasks with acceptable speed
- E3. Completing work-related tasks with acceptable quality
- E4. Changing job assignments (adaptability)
- E5. Interacting with co-workers
- E6. Interacting with supervisors/coaches
- E7. Accessing/receiving job/task accommodations
- E8. Seeking information and assistance from an employer

F. Social Activities

- F1. Using appropriate social skills
- F2. Participating in recreation/leisure activities with others
- F3. Socializing outside the household
- F4. Making and keeping friends
- F5. Engaging in loving and intimate relationships
- F6. Socializing within the household
- F7. Communicating with others about personal needs
- F8. Engaging in volunteer work

G. Advocacy	
G1. Making choices and decisions	
G2. Advocating for self	
G3. Managing money and personal finances	
G4. Protecting self from exploitation (Protective supervision question)	
G5. Exercise legal/civic responsibilities	
G6. Belonging to and participating in self-advocacy/support organizations	
G7. Obtaining legal services	
G8. Advocating for others	
Exceptional Medical Supports	
1. Inhalation or oxygen therapy	
2. Postural drainage	
3. Chest PT	
4. Suctioning	
5. Oral stimulation or jaw positioning	
6. Tube feeding (e.g., nasogastric)	
7. Parenteral feeding (e.g., IV)	
8. Turning or positioning	
9. Dressing of open wounds	
10. Protection from infectious diseases due to immune system impairment	
11. Seizure Disorder management	
12. Dialysis management	
13. Ostomy and Catheter care	
14. Lifting and/or transferring	
15. Therapy services	
16. Hypertension or Hypotension management	
17. Allergies management	
18. Diabetes management	
19.1. Dysphagia (swallowing difficulties)	
19.2. Gastrointestinal health management	
19.3. Incontinence Management	
19.4. Chronic Pain management	
19.5. Arthritis management	
19.6. Conditions requiring specialized oral care management	
19.7. Management of other serious medical conditions-Specify:	

Exceptional Behavioral Supports

1. Prevention of emotional outbursts
2. Prevention of assaults or injuries to others
3. Prevention of property destruction (e.g. fire setting, breaking furniture)
4. Prevention of stealing
5. Prevention of self-injury
6. Prevention of self-neglect
7. Prevention of suicide attempts
8. Prevention of pica (ingestion of inedible substances)
9. Prevention of nonaggressive but inappropriate behavior (e.g., exposes self in public, exhibitionism, inappropriate touching, gesturing, talk, or advances)
10. Prevention of sexual aggression
11. Prevention of substance abuse
12. Prevention of wandering
13. Maintenance of mental health treatments (e.g., prevent disruption in MH care)
14. Managing attention-seeking behavior
15. Managing uncooperative behavior
16. Managing agitated/over reactive behavior
17. Managing obsessive/repetitive behavior
18. Prevention of other serious behavior problem(s) – Specify: