

# Fostering Well-Being



Fostering Well-Being – a program of the Department of Social and Health Services’ Aging and Long-Term Support Administration—supports infants, children, and youth in foster care, licensed and relative caregivers, case workers, Tribal case workers, and the Department of Children, Youth, and Families. This small but mighty team of a unit manager, registered nurse clinical advisors, program specialists, and Regional Medical Consultants support these individuals and positively impact the lives of children in foster care. Recent annual accomplishments by this team include:

## Child Health and Education Tracking

- 1,610 Child Health Education Tracking cases reviewed for medically complex/fragile determination and referred to managed care for coordination services.
- 32 Determined to be medically fragile.
- 94 Medically complex expedited referrals completed.
- 78 Quality assurance (HCA eligibility).
- 97 Quality assurance (DCYF client demographics).

## Regional Medical Consultants

- 42 Adoption At Risk Statements.
- 87 Chart reviews.
- 145 Child specific consultations.
- 558 Non-child specific consultations.

## Client-Focused Work

*8,949 client contacts made, including the following care categories:*

- 329 Fee-for-Service cases screened for medically complex/fragile determination.
- 20 Ongoing medically fragile care coordination cases.
- 90 Comprehensive Health Overviews completed. 83-State Dependency and 7-Tribal Custody.
- 186 Screened, triaged, and contacted for routine care follow up.
- 47 Expedited referrals completed.
- 259 Medicaid coverage/benefit questions answered.
- 99 Denied Medicaid services/benefits coordinated and/or overturned.
- 15 Consultations for Medically Fragile Group Home Facility/Licensing Division/DCYF.
- 84 Psychotropic Medication Review and Coordination (age 0-5).

# Fostering Well-Being



## **FWB Activities:**

- Providing care coordination for children and youth who are tribal affiliated, or non-citizen status in an open DCYF dependency, Tribal Custody (tribal payment only), or in the Medically Intensive Children's Program that are eligible for Apple Health (fee-for-service; not enrolled in managed care).
- Facilitating access to primary and specialty health care providers.
- Analyzing medical records, billing data, immunization reports, court reports, case worker case notes, CHET screening reports, and review of multiple cross agency systems to assess for gaps in care.
- Consulting with case workers and caregivers regarding individual health concerns.
- Development of Comprehensive Health Overviews that assist case workers in the development of the child's health and safety case plan. Mailing or faxing Comprehensive Health Overviews to caseworkers (including Tribal), caregivers, primary care physicians, Developmental Disability Administration case managers and Health Home Care Coordinator Organizations to assist in meeting the child/youth's needs.
- Resolving prior authorization issues for non/durable medical equipment, dental/orthodontia, pharmacy and health care services.
- Coordinating with DCYF to assist in transitioning 17 ½ year-old youth, aging out of foster care into adulthood and/or adult services.
- Consulting with DCYF and Health Care Authority contracts staff to resolve case worker and caregiver challenges with state programs, external stakeholders and managed care.

## **Who Does FWB Serve?**

- Birth to 18 years old in foster care or up to 21 years old in extended foster care.
- American Indian/Alaskan Native (tribal affiliated, tribal custody payment only with DCYF, non-citizen, or enrolled in Medically Intensive Children's Program).

## **Scope of Work**

Consistent with initiatives to provide access to quality healthcare for Washington's most vulnerable residents, the Secretary of DSHS realigned the responsibility and authority for coordinating children's healthcare services. DSHS, DCYF, and HCA partner in the delivery of health care services for children and youth in out-of-home placement to ensure these children and youth's medical, dental, mental health, and substance abuse disorder needs are identified and met through a person-centered health care model.

## **Partners**

- Department of Children, Youth and Families
- Department of Health
- Developmental Disabilities Administration
- Health Care Authority
- Managed Care Organization
- MultiCare
- Providence
- Seattle Children's Hospital
- UW Medicine
- And so many more!

## **Oversight**

Fostering Well-Being activities and responsibilities are established by an inter-agency Service Level Agreement. DCYF collaborates with and monitors these services provided by FWB.