



*If you have a disability and are between the ages of 14 and 24, you can get help building job skills, exploring career interests and learning to advocate for yourself at work.*

### **What are Transition Services?**

DSHS' Division of Vocational Rehabilitation provides Transition Services to support and provide guidance to students and youth with disabilities as they prepare for the workforce.

Transition Services can help youth and students:

- Build job skills.
- Explore career interests.
- Upgrade self-advocacy skills.

### **Empowering Your Transition to Life After High School**

The Washington State Transition Map is a co-branded resource that describes key transition services available to people with disabilities and their families. View the map in 12 languages at [www.wsrcwa.org/transition-map](http://www.wsrcwa.org/transition-map).

**At DVR, we envision a future where students, youth, and adults with disabilities can dream big and achieve their employment goals.**

**Washington State Department  
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Division of Vocational Rehabilitation**

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*Providing DVR Services Since 1933*

## **Student and Youth Transition Services**



## Pre-Employment Transition Service Categories

### Job Exploration

Learn about different job fields, what job interests you may have and skills you may need to have to be successful.

### Workplace Readiness Training

Learn about and gain skills to be ready for employment, including job-related independent living skills.

### Self-Advocacy

Learn about and gain skills on how to advocate for yourself and request accommodations you may need to be successful.

### Post-Secondary Education Counseling

Learn and receive guidance about options for continued education and training after high school in your areas of interest and abilities.

### Work-Based Learning

The opportunity to participate in activities to learn about the workplace in your community.



## School-to-Work

The School-to-Work program supports students with intellectual and developmental disabilities. The benefits of School-to-Work can be:

- Giving students the chance to get a job before they graduate and leave school.
- Helping students connect to important adult services that can support them.
- Encouraging students to take an active role in planning for their future.

See full program details at [www.dshs.wa.gov/dvr/school-work](http://www.dshs.wa.gov/dvr/school-work).

## How to Participate

Students and youth with disabilities can receive Transition Services, but the types of services available to each group are different. Connect with a regional transition consultant or vocational rehabilitation counselor in your area to get started.

## Learn More & Connect with DVR

[www.dshs.wa.gov/dvr/student-and-youth-vr-transition-services](http://www.dshs.wa.gov/dvr/student-and-youth-vr-transition-services)



## Accommodations

Anyone who requires an auxiliary aid or service for effective communication, please contact [dvr.languageaccess@dshs.wa.gov](mailto:dvr.languageaccess@dshs.wa.gov).

If you require an accommodation or modification of policies or procedures to participate in a program, service, or activity of DSHS, please contact the DVR ADA Coordinator for an accommodation or modification at [DVRADACoordinator@dshs.wa.gov](mailto:DVRADACoordinator@dshs.wa.gov).

## Fiscal Statement

State and federal funds are used to deliver DVR services. The VR program receives approximately 78 percent in federal funds and 22 percent in state funds. For detailed information on the dollar amount of federal funds for the program, please visit <https://rsa.ed.gov/fiscal/grant-awards>.