

**Independent Review
By Statistical Consultant
Time Study Proposal**

**School Based
Medicaid Administrative Match Program
Washington State**

October - December 2003

**Prepared by:
Nayak Polissar, Ph.D.
The Mountain-Whisper-Light Statistical Consulting
1827 23rd Avenue East
Seattle, WA 98112**



The Mountain-Whisper-Light
Statistical Consulting

1827 23rd Ave. East
Seattle, WA 98112-2913
(206) 329-9325 • Fax: (206) 324-5915
biostat@sprynet.com

10-2-03

Dick Hancock, Manager
School Administrative Match Section
Medical Assistance Administration
Department of Social and Health Services
805 Plum St. SE
Olympia WA 98504-5508

At the request of Dr. Dario Longhi in the Research and Data Analysis Division of DSHS, I have reviewed the sampling plan for determining the statewide mean percentage of school staff time spent on Medicaid-related activities.

I have focused exclusively on two issues:

- 1) Does the plan provide an unbiased estimate of this mean percentage?
- 2) Will the sample size and plan provide a sufficiently precise estimate of the mean percentage?

I understand that the criterion for a sufficiently precise estimate is that there be no more than 5% error. In keeping with common practice in statistics, I have defined the "5% error" to mean that the upper and lower bounds of a 95% confidence interval for the calculated mean percentage will differ by no more than a relative five percent from the estimate of the mean percentage. For example, using this definition, suppose that the final mean statewide estimate is 3.00% of time spent on Medicaid activities. The "5% error" means that the upper and lower bounds of the confidence interval would have to lie within $\pm 0.15\%$ of the estimate, because $0.05 \times 3\% = 0.15\%$. Thus, by whatever method is used to define the upper and lower confidence bounds (such as adding and subtracting 1.96 times the standard error), if the resulting bounds lie within the interval $3\% \pm 0.15\%$, or, equivalently, the interval [2.85% to 3.15%], then the goal of less than 5% error has been met.

I have reviewed the sampling plan contained in the document "Time Study Proposal: School Based Medicaid Administrative Match Program, Washington State", dated October 2003. This document addresses a number of issues aside from the two items noted above, but has an ample and sufficient description of the sampling plan. I have also spoken with Dr. Longhi at length about the sampling plan.

The practical steps of sampling, data collection and analysis will be a major effort. I have not reviewed the plans for training, for management of operations, and other logistical features of the project. I have exclusively focussed on the issue of whether the results reported to the federal government will be unbiased and precise. As noted below, the plan does fulfill those two objectives.

"Science is that precious thing on earth which is pushed forward by a glowing imagination and pulled forward by its own growing experience." —Sri Chinmoy

First, the sample plan is unbiased. A number of strata are defined for drawing samples, and within each stratum, samples will be drawn randomly. The strata are well-chosen, consisting of units that can be expected to have different mean percentages, such as size of school district, and, within the district, designated staff vs. teachers and other staff. The method of random selection—so important to achieve an unbiased estimate—is followed consistently. Even within strata where 100% of the staff will be selected (which is good), the particular school days which will be sampled in a district will be designated randomly. I note also that a random method is used not only to select the staff and teachers, but, also, the five days within the quarter that are to be used for time accounting are also randomly selected per district.

As the report indicates, the mean percent time estimates from the strata can be combined by an appropriate weighting method (based on FTE in each stratum) to yield an unbiased estimate of the mean percentage for the state.

Second, the sample size is large enough that the estimate of mean percentage Medicaid time can be expected to be quite precise, probably bettering the precision requirement of 5%. The total sample size for the state is expected to be 23,814 staff, including 14,640 teachers in schools where there will be less than 100% sampling of teachers. Each selected person will offer five days of time accounting data. While this is very few days per person, it will help to reduce the within-person variance and, thus, the variance of the final estimated mean statewide percentage. I believe that the main source of variance is going to be between persons rather than across days within a person. I reviewed some of the mean percentages from districts in the previous time study survey and found a very large district effect, with quite varying mean percentages per district. I believe that this will be mirrored in quite large differences among individuals within a district, certainly between designated staff vs. teachers + other staff. If this is the case, then the variance (and precision) of the stateside estimate will be dominated by between-person differences rather than by within-person differences. The between-person differences are very unlikely to exceed the coefficient of variation (CV) of 3.1 noted as an upper limit of acceptable variation in the report. The coefficient of variation is the standard deviation divided by the mean, and it expresses the variation relative to the mean.

However, even if all of the persons sampled had exactly the same expected percent time (a very unrealistic assumption, but conservative), then the study will still have the required precision, based on the five sampled days per person. In this unrealistic case, the precision can be described as follows. The five days include 130 of the 15-minute segments for each person sampled. Suppose that the intervals within a person are so highly (and unrealistically) correlated, with a correlation coefficient of 0.9, so that the effective sample size per person is about 13 (rather than 130). This unrealistic, very conservative correlation is so high that it means that most of the time a person would be doing the same thing in any pair of 15-minute periods—an unlikely uniformity. If the expected percent time per person is 3%, then the coefficient of variation across people would be 1.6, which is well below the acceptable limit value of $CV = 3.1$ noted in the report. If the expected percent time is 2%, then the CV across people would be 1.9, again well below the value of $CV = 3.1$. Thus, the five days, combined with the large number of persons sampled, is very, very likely to give the required precision or better.

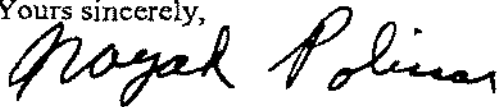
The challenge in selecting the sample size is the lack of variance estimates to guide the choice. The plan uses an initial method to select a sample size and then shows that the selected sample size is very likely to fulfill the 5% precision criterion under the conservative assumption of a simple

(unstratified) random sample and large variances. (Actually, because the variances are unknown, the report uses large coefficients of variation.) Because the actual sample will be drawn using an appropriate stratification, the precision will be better than that of the simple random sample conservatively used in their sample justification. In short, the precision of the statewide estimate is likely to be very good and probably better than the 5% requirement.

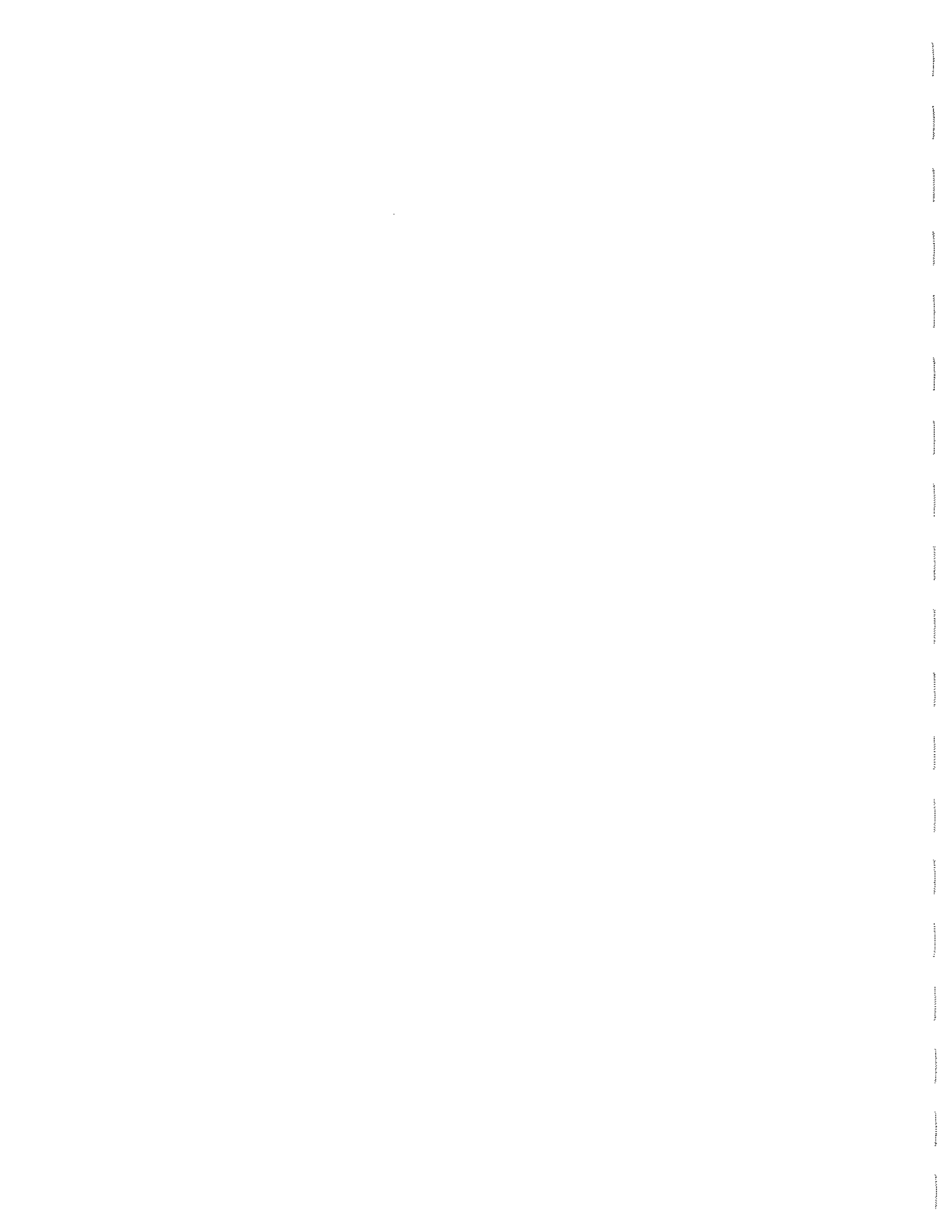
The report notes some potential improvements in the sampling strategy that can be based on results of the first quarter of sampling. After the sample has been drawn and the data have been collected, there will be some fairly technical calculations to determine the variance of the estimates and the precision, but most of the data needed for these calculations should be available. The data can also be analyzed in a way that will lead to improvements in sampling strategy for the next round, along the lines suggested in the report. Again, some of these calculations will be quite technical, but the data needed should be available.

In summary, the sampling plan is sound, unbiased, and the precision is very likely to meet or better the stated goal of 5%.

Yours sincerely,

A handwritten signature in cursive script, appearing to read "Nayak Polissar".

Nayak Polissar, Ph.D.



LETTERHEAD

December 9, 2003

Richard Hancock, Manager
School Administrative Match Section
Medical Assistance Administration
Department of Social and Health Services
805 Plum St. SE
Olympia WA 98504-5508

Dear Mr. Hancock:

I have reviewed the three questions that are of concern to the Medical Assistance Administration (MAA) of the Department of Social And Health Services in relation to conducting time studies for the School Administrative Medicaid Match program among the staff of participating school districts. The questions were contained in an e-mail message from Dr. Elizabeth Kohlenberg directed to me and dated October 23, 2003.

The questions ask further about determining the precision of the estimate of the proportion of time spent on Medicaid activities. These questions arise because the contextual situation may change in the future. My understanding of the potential changes are as follows: :

- 1) fewer Medicaid activities may be reimbursable, perhaps, therefore, eliminating the rationale for sampling teachers; and
- 2) fewer school districts may participate in the program, thereby decreasing the total sample sizes statewide in various categories.

The new contextual situation has been defined to me by DSHS staff as follows:

" MAA is considering eliminating the idea of sampling the teachers and school staff who, they perceive, only occasionally make referrals and engage in activities that are still reimbursable under the new federal guidelines ... This would give districts only two realistic options: either reporting on all eligible staff (such as in the small districts, with less than 150 FTEs) or on all 'designated ' staff in the larger districts.

"This action would eliminate the stratification for sampling persons from the design, leaving only the sampling of time per quarter per staff member reporting.

"We suspect that the smaller districts would report the time of all staff (n=5,199) and the larger districts would report the time of only 'designated staff (n=2,650 to 5,298)."

The three questions of concern to Dr. Kohlenberg were:

- 1) **Would MAA be able to reach the required federal precision levels for the state with five randomly assigned days of sampling per quarter for each staff person?**
 - a. **If the answer is no, how many days per staff person would be required?**
 - b. **How does that number of days change if fewer districts or fewer staff participate?**
- 2) **Is there some time sampling scheme other than days that you would recommend to reduce the respondent time-study burden? Maybe randomly sampling some smaller blocks; e.g., two hours at a time?**
- 3) **MAA states they need to develop a method of distributing funds to the school districts that is hard to challenge. If they wanted to reach the federal level of precision for each school district, would the number of time blocks required per participating staff member change? How, and is that change dependent on the number of staff participating?**

In order to address these questions, I built a statistical model for the percentage of time that individual staff members spend on Medicaid activity and assumed that each staff member's work days during the quarter (60 days) are sampled randomly for five or some other number of days (assumed to be the same sampling grid of days for each school district, but varying from district to district). I varied the 5-day value to other quantities to study the impact of the number of days on the precision of the estimated proportion of time spent on Medicaid-related activities during the quarter for all of the participating school districts combined.

In consultation with Dr. Dario Longhi I used plausible values for sample sizes and expected proportions of time spent on the target activities, both for the population of relevant staff members in the participating school districts and the expected average proportion of time that they would spend on the Medicaid-related activities. For my analysis the school districts were divided into three strata of concern to you: 1) designated staff in large school districts; 2) designated staff in small school districts; and, 3) non-designated staff in small school districts. I understand that within these three strata 100 percent of the staff would participate in the assessment of time and that each staff member would report on time for a certain number of full workdays. One of your questions concerns possible variations in this format, and I do discuss that below. I shall also put some technical information at the end of this letter.

A key item driving precision in this analysis is the day-to-day variability in the proportion of time spent by a staff member on the Medicaid activities. I wish you to know that I used conservative assumptions on this variability.

Table 1, below, shows the estimated precision for various scenarios of sample size per stratum, expected proportion of time spent on Medicaid-related activities per stratum, and, for a specified staff member, the correlation of activity between sampled days. (The first version of Table 1, abbreviated, is complemented by an extended version showing more details about assumptions, later in the letter, along with a fuller description of methods.)

This item, “correlation of activity”, may be a little bit puzzling to you. It is an estimate of how similar a particular staff member’s activities are across the sampled days; or, more specifically, how similar the staff member’s proportion of time spent on Medicaid-related activities is among the days sampled. It is a correlation calculated within the experience of a single staff member, and it is not a correlation reflecting similarity or dissimilarity of the proportion of time across the various staff members. If a specified staff member did very similar the activities every day, the correlation would be close to 1.0 (perfect correlation is 1.0, and no correlation is 0.0). If a staff member used varying and random proportions of time on Medicaid-related activities from day-to-day, then the correlation would be 0.0 or close to 0.0. The correlation is important, because larger correlations result in less precision for a given number of days sampled per person per quarter.

The results in Table 1 show that across all of the plausible expected scenarios the precision will be better than the 5 percent required by the Federal government. Lower percentages indicate better precision. The precision for 10 days of sampling is better than for five days (bottom two rows of the table), but the gain from this doubling of sampled days is quite small and probably not worth the doubling of the effort.

Please note that these precision values are not drastically better than 5 percent. I would hesitate to cut back on the sample size of staff assessed much more than those you see in Table 1. Even though I used conservative assumptions, I recommend that some margin of safety be incorporated by using these sample sizes.

In answer to the three questions posed, my response is as follows:

Question 1: Would MAA be able to reach the required federal precision levels for the state with five randomly assigned days of sampling per quarter for each staff person?

- a. **If the answer is no, how many days per staff person would be required?**
- b. **How does that number of days change if fewer districts or fewer staff participate?**

The answer is “yes”. The State should be able to reach the required precision with the sample size indicated in Table 1. In answer to **1a**, you can see there is minimal

impact of the extra days beyond five. It is not going to help precision very much just to add a few more days per person. Five days is a reasonable choice.

In answer to Question 1B, I have answered that by showing the precision for a smaller sample size arising from fewer districts participating, indicated by the last two columns of the table. You can see that the precision is still acceptable for these smaller sample sizes, such as in the last column, where approximately half of the usual number of districts would participate.

Question 2: Is there some time sampling scheme other than days that you would recommend to reduce the respondent time-study burden? Maybe randomly sampling some smaller blocks; e.g., two hours at a time?

In response to this Question, I would recommend continuing with the entire work day of a staff member as the unit of sampling rather than smaller blocks of time. The proportion of time used is small enough (typically under 20%) that each smaller block of time (such as two hours) is less likely to include Medicaid-related activities. If (by way of contrast) a staff member was carrying on an activity that was done very frequently throughout the day but perhaps in one or two minute “doses” (such as speaking), then sampling smaller blocks of time would be very feasible, because even rather small blocks of time would be likely to reflect and be somewhat representative of the average proportion of time that a staff member spends on the activity.

For the Medicaid-related activities, however, it is probably going to happen that most staff members will do these activities in some chunks during the day rather than spread out in many little bits throughout the day. Therefore, the smaller blocks of time would have more block-to-block variability in the proportion of time spent on Medicaid than would the larger time units, such as the full work day. The consequence is that by using smaller blocks of time one would have to use many more blocks spread across more days, which would defeat the goal of lessening the burden on the participants. In addition, it is going to be harder to set up a system to randomly sample smaller blocks of time and ensure that the staff members would really audit the designated time periods. Therefore, I highly recommend not going to units of less than one day.

Question 3: MAA states they need to develop a method of distributing funds to the school districts that is hard to challenge. If they wanted to reach the federal level of precision for each school district, would the number of time blocks required per participating staff member change? How, and is that change dependent on the number of staff participating?

It would be very difficult to come up with accurate proportions for individual school districts, as is shown by Table 2, which reflects some examples for hypothetical

individual district sample sizes and varying numbers of days sampled. There, with the expected proportions that are likely to occur, the precision is likely to be satisfactory (better than 5%) for very large districts (e.g., 5000 staff) and five days of sampling. In smaller districts, the precision is substantially worse than 5% unless a large number of days are sampled. For example, in the last two columns, a district with 500 staff would need 28 days sampled (out of 60) to reach the 5% precision, and the district with 150 staff would need 53 days out of the 60 sampled. However, the precision values noted in Table 2 for smaller districts and five days of sampling show that the estimates for individual districts, though not extremely precise, are not worthless. The State may not reach the stringent federal level of precision for these districts, but the State will do far better than an arbitrary assignment of the Medicaid time proportion for these districts. In some difficult field studies (such as this), a precision of $\pm 20\%$ may be considered acceptable.

That being said, the State will need to come up with some proportion as a basis for reimbursement and allocation for each school district. I would recommend that "similar" school districts be aggregated (districts that would expect to have a similar proportion) in order to achieve better precision.

I hope that this discussion is helpful to you. I think it is wonderful that the State is able to take advantage of this Medicaid program to help the children. If there is any way that I can use my statistical experience to legitimately support increased funding based on an accurate assessment, I will be happy to do so.

Finally, I wish to note that the plan developed by Dr. Dario Longhi will provide excellent data for planning future sampling programs. It is very likely that both the sample size and the selection of days (both dates and number of days) can be more carefully calculated based on the data to be collected.

Yours sincerely,

Nayak L. Polissar, Ph.D.
NLP/ds

Table 1. Precision for various scenarios of sampling.

	Scenarios			
	VERY FAVORABLE: large sample size, large proportion Medicaid time, zero correlation	LESS FAVORABLE: medium sample size, medium proportions Medicaid time, medium correlation	MORE CHALLENGING: smaller sample size, smaller proportions Medicaid time, larger correlation	ONE HALF OF FULL SAMPLE (APPROXIMATELY)
Total sample size	10961	9306	7650	5150
Expected mean Medicaid proportion, entire sample	14%	10%	6%	10%
Precision (%), based on 5 days	1.0%	1.7%	2.8%	2.2%
Precision (%), based on 10 days	0.7%	1.4%	2.5%	1.8%

Table 2. Precision for various sizes of individual school districts and number of days sampled.

Size of school district	5000	500	150
Correlation	0.15	0.15	0.15
Proportion of Medicaid time, designated staff*	15%*	15%*	15%*
Precision, 5 days	3.3%	8.7%	19.1%
Precision, 10 days	2.7%	7.1%	15.6%
Precision, 20 days	1.2%	5.8%	12.7%

Note: The expected proportion of Medicaid time for all staff is assumed to be 5%, and the proportion of staff who are “designated” is assumed to be 6%. The proportion of Medicaid time for non-designated staff is assumed to be 4.4%.

Technical notes

The driving factor in the precision calculations is the within-person variance of daily time spent on Medicaid-related activities. Conservatively, we have started by treating that proportion as a Bernoulli random variable, so that each person would either spend an entire day on the activity or devote no time to it whatsoever on a given day. The proportion, then, would be either 1.0 (100% time for a day) or 0.0 (zero percent time for a day). The parameter, p , of the Bernoulli distribution was set equal to the average proportion of time expected to be spent on the activity within the school district and stratum (e.g., $p = 0.10$ for some of the scenarios). This use of the Bernoulli distribution is conservative, because the reality of staff members' schedules would most likely have them spending some fraction of a day, varying some from day to day, on the Medicaid activities. The staff members' schedules would not usually swing as widely from day to day as 100% to zero percent time devoted to Medicaid activities. Thus, the higher-variance choice of the Bernoulli distribution is a conservative selection. This choice was modified for the final presentation, as noted at the end of these technical notes.

The scenarios that we have illustrated assume that all of the staff members in the stratum will participate in the time assessment, with a specified number of days, such as five, assessed of all staff. The strata of school district staff are: 1) large school districts (SD), designated staff (staff who are designated to work on Medicaid-related activities), 2) small SDs, designated staff, and, 3) small SDs, non-designated staff.

The variance across days of the observed proportion of time spent per day for the i -th individual in the k -th stratum, is

$$\text{Var}(\text{obs } p_{ik}) = [p_{ik}(1 - p_{ik})n_{ik}^{-1} + (n_{ik} - 1)n_{ik}^{-1}p_{ik}(1 - p_{ik})r](1 - n_{ik}/60)$$

Where

obs p_{ik} = observed proportion of Medicaid time spent per day for the i -th individual in the k -th stratum ("obs" is used for observed quantities below, as well),

p_{ik} = expected proportion of time spent per day for the i -th individual in the k -th stratum (assumed to be constant in the stratum),

n_k = the sample size of the k -th stratum,

n_{ik} = the number of days sampled for the i -th individual in the k -th stratum (assumed constant in the stratum),

r = correlation between the observed proportions of time spent on Medicaid-related activities for pairs of days in the sample of n_{ik} days for an individual, and,

60 = the number of days in a school quarter.

The proportion of time spent on Medicaid activities in the k -th stratum is then

$$p_k = (\sum_i p_{ik})/n_k$$

with variance for the observed value given by

$$\begin{aligned}\text{Var}(\text{obs } p_k) &= \text{Var}(\text{obs } p_{ik})/n_k \\ &= [p_{ik}(1 - p_{ik})n_{ik}^{-1} + (n_{ik} - 1)n_{ik}^{-1}p_{ik}(1 - p_{ik})r](1 - n_{ik}/60)/n_k.\end{aligned}$$

The notation is as before. Finally, the proportion of time spent on Medicaid-related activities in the entire population of participating SDs is p , given by

$$p = (\sum_k n_k p_k)/n,$$

where

$n = \sum_k n_k$, the total population of staff members being assessed in the state.

The variance of the observed value of p is

$$\text{Var}(\text{obs } p) = \sum_k n_k^2 \text{Var}(\text{obs } p_k)/n^2.$$

The estimation of the variances in these equations has been carried out by using plausible assumed values for the population parameters, such as p_{ik} .

The absolute precision is calculated as the half-width of a 95% confidence interval for the observed quantity. (Given the approximate nature of the assumptions and the parameters themselves, we have used 2.0 standard deviations rather than 1.96 to correspond to the 95% level of confidence). The relative precision is just the absolute precision as a percentage of the estimated quantity. Specifically,

$$\text{Precision} = 2*100%*[\text{Var}(\text{obs } p)]^{1/2}/(\text{obs } p).$$

For presentation in this letter, the assumed population values of p_{ik} and other parameters have been used as “plug-ins” to the various equations..

A final adjustment to the precision has been made. The variance from the Bernoulli distribution is probably much higher than that of the variance of day-to-day teacher Medicaid time proportions. After experimenting with examples of beta distributions for the daily value of the proportion, we found that distributions that looked plausible tended to have a standard deviation that was about half or less of the Bernoulli distribution. Thus, the Bernoulli-based precision percentage was multiplied by one-half to yield a final presentation precision value.

Table 1 (extended). Precision for various scenarios of sampling.

	Scenario			
	VERY FAVORABLE: large sample size, large proportion Medicaid time, zero correlation	LESS FAVORABLE: medium sample size, medium proportions Medicaid time, medium correlation	MORE CHALLENGING: smaller sample size, smaller proportions Medicaid time, larger correlation	ONE HALF OF FULL SAMPLE (APPROXIMATELY)
	Sample sizes			
Large school districts, designated staff	5961	4306	2650	2650
Small school districts, designated staff	400	300	200	100
Small school districts, non-designated staff	4600	4700	4800	2400
Total sample size	10961	9306	7650	5150
	Proportion of Medicaid time and correlation			
Large school districts, designated staff	20%	15%	10%	15%
Small school districts, designated staff	20%	15%	10%	15%
Small school districts, non-designated staff	5%	4%	4%	5%
Expected mean Medicaid proportion, entire sample	14%	10%	6%	10%
Correlation	0	0.15	0.3	0.15
	Precision			
Precision (%), based on 5 days	1.0	1.7	2.8	2.2
Precision (%), based on 10 days	0.7	1.4	2.5	1.8

CURRICULUM VITAE

Nayak Lincoln Polissar, PhD
 1827 23rd Ave. East, Seattle WA 98112
 (206) 329-9325/Fax (206) 324-5915
 email: nayak@milight.com or polissar@u.washington.edu

Education: University of California, Berkeley, BA, Mathematics, 1966
 Princeton University, New Jersey, MA, Statistics, 1968
 Princeton University, New Jersey, PhD, Statistics, 1974
 (Dissertation supervisor: John Tukey)

Professional Positions:

Physical Science Aide, U.S.N. Radiological Defense Laboratory, San Francisco, 1958-59
 Principal Data Analyst, Lawrence Radiation Laboratory, Berkeley, CA 1961-66
 Demographic Intern, The Population Council, New York City, 1967
 Statistical Consultant, New Jersey Neuro-Psychiatric Institute, 1967-1968
 Computer Clinic Consultant, Princeton University Computer Center, 1967-1968
 Research Assistant, Statistics Department, Princeton University, 1968
 Field Associate, Thailand and Indonesia, The Population Council, 1969-1971
 Teaching Assistant, Statistics Department, Princeton University, 1974
 Assistant Member, Fred Hutchinson Cancer Research Center, Seattle, WA, 1974-1982
 Associate Member, Fred Hutchinson Cancer Research Center, Seattle, WA, 1982-1989
 Assistant Professor, Department of Biostatistics, University of Washington, 1974-1982
 Associate Professor, Department of Biostatistics, University of Washington, 1982-1989
 Affiliate Assoc. Professor, Dept. of Biostatistics, University of Washington, 1989-present
 Senior Consultant, Axio Research Corporation, 1989-present
 Owner, The Mountain-Whisper-Light Statistical Consulting, 1989-present

Other Appointments:

Consultant, NIH Study Section on Human Infertility, 1978
 Consultant, Ford Foundation, Djakarta, Indonesia, 1971
 Associate, Center for Studies in Demography and Ecology, University of Washington, 1976
 Affiliate, Center for Health Services Research, University of Washington, 1977
 Consultant, Science Advisory Board, EPA, 1985
 Member, Hanford Health Effects Panel, 1986
 Consultant, SBIR Review Panel, 1987
 Consultant, World Bank, 1988

Honors

Distinguished Honorary Citizenship, Washington State, 1983
 Co-recipient: Licht Award from the American College of Rehabilitation Medicine for
 excellence in Scientific Writing, 1993
 Co-recipient: Best Research Paper award (physiatrist category) from the Phys. Med. and
 Rehabilitation Research Foundation and American Association of Phys. Med. and
 Rehabilitation, 1995

Membership in Professional Organizations:

American Statistical Association
Biometric Society

Consulting

Examples of completed projects:

- Design and analysis of drug and treatment trials
- Malpractice -- effects of cancer treatment delay
- Accuracy of pap smears
- Effectiveness of rehabilitation services
- Evaluation of lens implants
- Asbestos risk assessment
- Racial discrimination -- develop and analyze database
- Survey design, sample size, analysis
- Neurobehavioral outcomes following head injury
- Risk factors for relapse among physicians treated for substance abuse
- Impact of ergonomic laws on ergonomic practices and injury rates
- Diagnostic tests for cancer based on infrared spectrum of DNA
- Spatial distribution of environmental contaminants and spatial sampling

Research (Principal Investigator of \$2.5 million in grants and contracts):

- Cancer risk from asbestos in drinking water
- Pathways of community exposure to arsenic from a smelter
- Cancer risk from phenoxy herbicides
- Hospice use and cost in Western Washington
- Adult respiratory distress syndrome -- epidemiology and survival
- Treatment and referral patterns for cervical cancer
- Auto exhaust and cancer

Teaching

Taught Biostatistics courses at the University of Washington for 15 years
Offer invited lectures on statistical consulting 2-3 times/year at the UW

Research papers in refereed journals

- 1 Batjer JD, Williamson LJ, Polissar L, Hamlin WB: Bacterial contamination of reagent water: Effect on selected laboratory tests. *Am J Clin Path* 71:319-25, 1979.
- 2 Smith DE, Davis S, Polissar L: The hospital cancer program: Its impact on cancer care. *Am Surgeon* 11:730-7, 1979.
- 3 Polissar L: The effect of migration on comparison of disease rates in geographic studies in the United States. *Am J Epidemiol* 111:175-82, 1980.
- 4 Smith EM, Francis A, Polissar L: The effect of breast self-exam practices and physician examination on extent of disease at diagnosis. *Prev Med* 9:409-17, 1980.
- 5 Davis S, Polissar L, Wilson J: Continuing education in cancer for the community physician: Design and evaluation of a regional table of contents service. *Bull Med Library Assoc* 69:14-20, 1981.
- 6 Severson RK, Harvey J, Polissar L: The relationship between asbestos and turbidity in raw water. *J Am Water Works Assoc* 73:222-3, 1981.
- 7 Polissar L, Warner HJ, Jr: Automobile traffic and lung cancer: An update on Blumer's report. *Environ Sci Tech* 15:713-4, 1981.
- 8 Polissar L, Sim DA, Francis A: Survival of colorectal cancer patients in relation to duration of symptoms and other prognostic factors. *Dis Colon Rectum* 24:364-9, 1981.
- 9 Chu J, Polissar L, Tamimi HK: Quality of care of women with stage I cervical cancer. *West J Med* 137:13-17, 1982.
- 10 Polissar L, Severson RK, Boatman ES, Thomas DB: Cancer incidence in relation to asbestos in drinking water in the Puget Sound region. *Am J Epidemiol* 116:314-28, 1982.
- 11 Severson RK, Davis S, Polissar L: Smoking, coffee and cancer of the pancreas. *Brit Med J* 285:214, 1982.
- 12 Polissar L, Diehr P: Regression analysis in health services research: The use of dummy variables. *Medical Care* 20:959-66, 1982.
- 13 Feigl P, Polissar L, Lane WW, Guinee V: Reliability of basic cancer patient data. *Statistics in Medicine* 1:191-204, 1982.
- 14 Harris NV, Weiss NS, Francis A, Polissar L: Breast cancer in relation to patterns of oral contraceptive use. *Am J Epidemiol* 116:643-51, 1982.
- 15 Polissar L, Severson RK, Boatman ES: Cancer risk from asbestos in drinking water: Summary of a case-control study in Western Washington. *Environ Health Persp* 53:57-61, 1983.
- 16 Polissar L, Severson RK, Boatman ES: Additional notes on the case-control study in Western Washington on the cancer risk from asbestos in drinking water. *Environ Health Persp* 53:57-61, 1983.

- 17 Boatman ES, Merrill T, O'Neill A, Polissar L, Millette JR: Use of quantitative analysis of urine to assess exposure to asbestos fibers in drinking water in the Puget Sound region. *Environ Health Persp* 53:131-9, 1983.
- 18 Polissar L, Severson RK, Boatman ES: A case-control study of asbestos in drinking water and cancer risk. *Am J Epidemiol* 119:456-71, 1984.
- 19 Polissar L, Feigl P, Lane WW, Glaefke G, Dahlberg S: Accuracy of basic cancer patient data: Results of an extensive recoding survey. *JNCI* 72:1007-14, 1984.
- 20 Francis A, Polissar L, Lorenz AB: Care of patients with colorectal cancer: A comparison between health maintenance organization and fee-for-service practices. *Medical Care* 22:418-429, 1984.
- 21 Dayal HH, Polissar L, Dahlberg S: Race, socio-economic status and other prognostic factors for survival from prostate cancer. *JNCI* 74:1001-6, 1985.
- 22 Polissar L, Finley ML: Time trends and key factors in the choice of one-step or two-step biopsy and surgery for breast cancer. *Soc Sci Med* 21:733-40, 1985.
- 23 Dodds L, Davis S, Polissar L: A population-based study of lung cancer incidence. Trends by histologic type, 1974-81. *JNCI* 76:21-9, 1986.
- 24 McDonald JA, Weiss NS, Daling JR, Polissar L: Menopausal estrogen use and the risk of breast cancer. *Breast Cancer Research and Treatment* 7:193-9, 1986.
- 25 Dayal HH, Polissar L, Dahlberg S: Response to letter on "Race, socioeconomic status and other prognostic factors for survival from prostate cancer." *JNCI* 76:1259-60, 1986.
- 26 Polissar L, Severson RK, Brown NK: Factors affecting place of death in Washington State, 1968-1981. *J of Community Health* 12(1):40-55, 1987.
- 27 Woods JS, Polissar L, Severson RK, Heuser LS: Soft tissue sarcoma and non-Hodgkins lymphoma in relation to phenoxy herbicide and chlorinated phenol exposure in Western Washington. *JNCI* 78(5):899-910, 1987.
- 28 Dayal H, Polissar L, Yang C: Race, socioeconomic status and other prognostic factors for survival from colo-rectal cancer. *J Chron Dis* 40:857-64, 1987.
- 29 Hughes J, Polissar L, van belle B: Evaluation and synthesis of health effects studies of communities surrounding arsenic producing industries. *International J of Epidemiology* 17:407-13, 1988.
- 30 Woods J, Polissar L: Non-Hodgkins lymphoma among phenoxy herbicide-exposed farm workers in western Washington state. *Chemosphere* 18:401-6, 1989.
- 31 Kulander BG, Polissar L, Yang CY, Woods JS: Grading of soft tissue sarcomas: Necrosis as a determinant of survival. *Modern Pathology* 2(3):205-8, 1989.
- 32 Moinpour CM, Polissar L: Factors affecting place of death among hospice and non-hospice cancer patients. *Am J Public Health* 79:1549-51, 1989.

- 33 DiGuseppi CG, Rivara FP, Koepsell TD, Polissar L: Bicycle helmet use by children; evaluation of a community-wide helmet campaign. *J Am Med Assoc* 262:2256-61, 1989. (Also selected for publication in Japanese JAMA edition).
- 34 Tarter ME, Freeman WR, Polissar L: Modular nonparametric subsurvival estimation. *J Am Statist Assoc* 85(409):29-37, 1990.
- 35 Moinpour CM, Polissar L, Conrad D: Factors associated with length of stay in hospice. *Medical Care* 28:363-8, 1990.
- 36 Polissar L, Lowry-Coble K, Kalman DA, Hughes JP, van Belle G, Covert DS, Burbacher TM, Bolgiano D, Mottel NK: Pathways of human exposure to arsenic in a community surrounding a copper smelter. *Environmental Research* 53:29-47, 1990.
- 37 Kalman DA, Hughes J, van Belle G, Burbacher T, Bolgiano D, Coble K, Mottel NK, Polissar L: The effect of variable environmental arsenic contamination on urinary concentrations of arsenic species. *Environmental Health Perspectives* 89:145-51, 1990.
- 38 Kruger VL, Kraft G, Dietz JC, Ameis A, Polissar L: Carpal tunnel syndrome: objective measures and splint use. *Archives of Physical Medicine and Rehabilitation* 72:517-20, 1991.
- 39 Glenny RW, Polissar L, Robertson HT: Relative contribution of gravity to pulmonary perfusion heterogeneity. *Journal of Applied Physiology* 71:2449-52, 1991.
- 40 Russell KJ, Dunatov C, Hafermann MD, Griffith JT, Polissar L, Pelton J, Cole SB, Taylor EW, Wiens LW, Koh WJ, Austin-Seymour MM, Griffin BR, Russell AH, Laramore GE, Griffin TW: Prostate specific antigen in the management of patients with localized adenocarcinoma of the prostate treated with primary radiation therapy. *Journal of Urology* 146:1046-52, 1991.
- 41 Smith JW, Frawley PJ, Polissar L: Six- and twelve- month abstinence rates in inpatient alcoholics treated with aversion therapy compared with matched inpatients from a treatment registry. *Alcoholism: Clinical and Experimental Research* 15(5):862-70, 1991.
- 42 Jaffe KM, Fay G, Polissar NL, Martin K, Shurtleff H, Rivara J, Winn HR: Severity of pediatric traumatic brain injury and early neurobehavioral outcome: A cohort study. *Archives of Physical Medicine and Rehabilitation* 73(6):540-7, 1992.
- 43 Rivara JB, Fay G, Jaffe KM, Polissar NL, Martin K: Predictors of family functioning one year following traumatic brain injury in children. *Arch Phys Med Rehabil* 73(10):899-910, 1992.
- 44 Swenson ER, Robertson HT, Polissar NL, Middaugh ME, Hlastala MP: Conducting airway gas exchange: diffusion related differences in inert gas elimination. *J Appl Physiol* 72:1581-8, 1992.
- 45 Jaffe KM, Fay G, Polissar NL, Martin K, Rivara JB, Winn HR: Severity of pediatric brain injury and neurobehavioral recovery at one year - a cohort study. *Arch Phys Med Rehabil* 74:587-595, 1993.
- 46 Fay GC, Jaffe KM, Polissar NL, Liao S, Martin K, Shurtleff H, Rivara JB, Winn HR: Mild

- pediatric traumatic brain injury - a cohort study. *Arch Phys Med Rehabil* 74:895-901, 1993.
- 47 Rivara JB, Jaffe KM, Fay GC, Polissar NL, Martin KM, Shurtleff H, Liao S: Family functioning and injury severity as predictors of child functioning one year following traumatic brain injury. *Arch Phys Med Rehabil* 74:1047-55, 1993.
 - 48 Domino KB, Swenson ER, Polissar NL, Lu Y, Eisenstein BL, Hlastala MP: Effect of inspired CO₂ on ventilation and perfusion heterogeneity in hyperventilated dogs. *J. Appl. Physiol.* 75(3):1306-14, 1993.
 - 49 Domino KGB, Swenson ER, Polissar NL, Eisenstein BL, Hlastala MP. Effect of Inspired CO₂ on Ventilation and Perfusion Heterogeneity in Hyperventilated Dogs. *J Appl. Physiol.* 75(3): 1306-1314, 1993
 - 50 Jaffe KM, Massagli T, Martin K, Rivara JB, Fay G, Polissar NL: Pediatric traumatic brain injury: acute and rehabilitation costs. *Arch Phys Med Rehabil* 74:681-686, 1993.
 - 51 Malins DC, Holmes EH, Polissar NL, Gunselman SJ: The etiology of breast cancer: characteristic alterations in hydroxyl radical-induced DNA base lesions during oncogenesis with a potential for evaluating incidence risk. *Cancer* 71(10):3036-3043, 1993.
 - 52 Polissar, NL: Asbestos in drinking water: health issues. In *Health Risks from Exposure to Mineral Fibres: An International Perspective*, Gibbs GW, Dunnigan J, Masamitsu, K, Higashi T. Captus University Publications, North York, Ontario, 1993.
 - 53 Willoughby SB, Obermiller T, Polissar NL, Mendenhall JM, Butler J, Lakshminarayan S: 15m microspheres reflux up the pulmonary veins during pulmonary artery occlusion. *Microvascular Research* 45:262-268, 1993.
 - 54 Polissar NL, Jaffe KM, Fay GC, Liao S: Mild pediatric traumatic brain injury: adjusting statistical significance for multiple comparisons. *Brain Injury* 8(3):249-264, 1994.
 - 55 Fay GC, Jaffe KM, Polissar NL, Liao S, Rivara JB, Martin KM: Outcome of pediatric traumatic brain injury at three years: a cohort study. *Arch Phys Med Rehabil* 75:733-41, 1994.
 - 56 McDonald CM, Jaffe KM, Fay GC, Polissar NL, Martin KM, Liao S, Rivara JB: Comparison of indices of traumatic brain injury severity as predictors of neurobehavioral outcome in children. *Arch Phys Med Rehabil* 75:328-37, 1994.
 - 57 Rivara JB, Jaffe KM, Polissar NL, Fay GC, Martin KM, Shurtleff H, Liao S: Family functioning and children's academic performance and behavior problems in the year following traumatic brain injury. *Arch Phys Med Rehabil* 75:369-79, 1994.
 - 58 Greenwald HP, Polissar NL, Borgatta EF, McCorkle R: Detecting survival effects of socioeconomic status: problems in the use of aggregate measures. *J Clin Epid* 47(8):903-909, 1994.
 - 59 Warth DC, Leon MB, O'Neill W, Zacca N, Polissar NL, Buchbinder M: Rotational Atherectomy Multicenter Registry: Acute results, complications and six-month angiographic followup in 709 patients. *J American College of Cardiology* 24(3):641-8, 1994.

- 60 Malins, DC, Polissar NL, Nishikida K, Holmes EH, Gardner HS, Gunselman SJ. The etiology and prediction of breast cancer: fourier transform-infrared spectroscopy reveals progressive alterations in breast DNA leading to a cancer-like phenotype in a high proportion of normal women. *Cancer* 75(2):503-517, 1995.
- 61 Souders JE, George SC, Polissar NL, Swenson ER, Hlastala MP: Tracheal gas exchange: perfusion-related differences in inert gas elimination. *J Appl Phys* 79(3):918-928, 1995.
- 62 Glenny RW, Polissar NL, McKinney S, Robertson HT: Temporal heterogeneity of regional pulmonary perfusion is spatially clustered. *J Appl Phys* 79(3):986-1001, 1995.
- 63 Buntain-Ricklefs JJ, Rivara FP, Donovan DM, Salzberg PM, Polissar NL: Differentiating "bad drivers" with and without a DWI. *J. Stud. Alcohol* 56:356-360, 1995.
- 64 Jaffe KM, Polissar NL, Fay GC, Liao S: Recovery trends over three years following pediatric traumatic brain injury. *Arch Phys Med Rehabil* 76:17-26, 1995.
- 65 Malins DC, Polissar NL, Gunselman SJ. Progression of human breast cancers to the metastatic state is linked to hydroxyl radical-induced DNA damage. *Proceedings of the National Academy of Sciences* 93:2557-2563, 1996.
- 66 Malins DC, Polissar NL, Gunselman SJ: Tumor progression to the metastatic state involves structural modifications in DNA markedly different from those associated with primary tumor formation. *Proc. Natl. Acad. Sci.* 93:14047-14052, 1996.
- 67 Malins DC, Polissar NL, Garner MM, Gunselman SJ: Mutagenic DNA base modifications are correlated with lesions in non-neoplastic hepatic tissue of the English sole carcinogenesis model. *Cancer Research* 56:5563-5565, 1996.
- 68 Miller JS, Polissar NL, Haas M: A radiographic comparison of neutral cervical posture with cervical flexion and extension ranges of motion. *Journal of Manipulative and Physiological Therapeutics* 19(5):296-301, 1996.
- 69 Hlastala MP, Bernard SL, Erickson HH, Fedde MR, Gaughan EM, McMurphy R, Emery MJ, Polissar N, Glenny RW. Pulmonary blood flow distribution in standing horses is not dominated by gravity. *J Appl Physiol* 81(3):1051-1061, 1996.
- 70 Bernard SL, Glenny RW, Erickson HH, Fedde MR, Polissar N, Basaraba RJ, Hlastala MP: Minimal redistribution of pulmonary blood flow with exercise in racehorses. *J. Appl. Physiol.* 81(3):1062-1070, 1996.
- 71 Rivara JB, Jaffe KM, Polissar NL, Fay GC, Liao S, Martin KM: Predictors of Family Functioning and Change 3 Years After Traumatic Brain Injury in Children. *Arch Phys Med Rehabil* 77:754-764, 1996.
- 72 Greenwald HP, Borgatta EF, McCorkle R, Polissar NL: Explaining reduced cancer survival among the disadvantaged. *The Milbank Quarterly* 74(2):215-238, 1996.
- 73 Greenwald HP, Polissar NL, Borgatta EF, McCorkle R: Response to "Problems in the Use of Aggregate Measures." *J. Clin. Epidemiol.* 49(8): 943-945, 1996.

- 74 Smith JW, Frawley PJ, Polissar NL: Six- and Twelve-Month Abstinence Rates in Inpatient Alcoholics Treated with Either Faradic Aversion or Chemical Aversion Compared with Matched Inpatients from a Treatment Registry. *J of Addictive Diseases* 16(1):5-24, 1997.
- 75 Standish LJ, Calabrese C, Reeves C, Polissar N, Bain S, O'Donnell T: A Scientific Plan for the Evaluation of Alternative Medicine in the Treatment of HIV/AIDS. *Alternative Therapies in Health and Medicine* 3(2):58-67, 1997.
- 76 Malins DC, Polissar NL, Gunselman SJ: Infrared spectral models demonstrate that exposure to environmental chemicals leads to new forms of DNA. *Proc. Natl. Acad. Sci. USA* 94: 3611-3615, 1997.
- 77 Malins DC, Polissar NL, Gunselman SJ: Models of DNA structure achieve almost perfect discrimination between normal prostate, benign prostatic hyperplasia (BPH), and adenocarcinoma and have a high potential for predicting BPH and prostate cancer. *Proc. Natl. Acad. Sci.* 94:259-264, 1997.
- 78 Walther SM, Domino KB, Glenny RW, Polissar NL, Hlastala MP: Pulmonary blood flow distribution has a hilar-to-peripheral gradient in awake, prone sheep. *J. Appl. Physiol.* 82(2): 678-685, 1997.
- 79 Greenwald HP, Polissar NL, Dayal HH: Race, socioeconomic status, and survival in three female cancers. *Ethnicity & Health.* 1 (1996) : 65-75.
- 80 Bernard SL, Glenny RW, Polissar NL, Luchtel DL, Lakshminarayan S. Distribution of pulmonary and bronchial blood supply to airways measured by fluorescent microspheres. *J Appl Physiol* 80: 430-436, 1996.
- 81 Zierler RE, Bergelin RO, Davidson RC, Cantwell-Gab K, Polissar NL, Strandness DE: A prospective study of disease progression in patients with atherosclerotic renal artery stenosis. *Am J Hypertension* 9:1055-1061, 1996.
- 82 Shumway-Cook A, Baldwin M, Polissar NL, Gruber W: Predicting the Probability for Falls in Community Dwelling Older Adults. *Physical Therapy.* *Physical Therapy*, 77:812-819, 1997.
- 83 Malins DC, Polissar NL, Su Y, Gardner HS, Gunselman SJ. A new structural analysis of DNA using statistical models of infrared spectra. *Nature Medicine* 3(8): 927-930, 1997.
- 84 Zierler RE, Bergelin RO, Polissar NL, Beach KW, Caps MT, Cantwell-Gab K, Davidson RC, Strandness DE: Carotid and lower extremity arterial disease in patients with renal artery atherosclerosis. *Archives of Internal Medicine*, 158:761-767, 1998.
- 85 Ashley RL, Crisostomo F, Doss M, Sekulovich R, Burke RL, Shaughnessy M, Corey L, Polissar NL, Langenberg A: Cervical Antibody Responses to a Herpes Simplex Virus Type 2 Glycoprotein Subunit Vaccine. *Journal of Infectious Diseases.* 178:1-7, 1998.
- 86 Walther SM, Domino KB, Glenny RW, Polissar NL, Hlastala MP: Pulmonary blood flow distribution in sheep: Effects of anesthesia, mechanical ventilation and change in posture. *Anesthesiol*, 87(2):335-342, 1997.
- 87 Greenwald, HP, Polissar NL, Borgatta, EF, McCorkle, R, Goodman, G. Social Factors,

- Treatment, and Survival in Early Stage Non-small Cell Lung Cancer. *American Journal of Public Health*, 88(11):1681-1684, 1998.
- 88 Malins, DC, Polissar, NL, Schaefer, S, Su, Y, Vinson, M. A Unified Theory of Carcinogenesis Based on Order-Disorder Transitions in DNA Structure as Studied in the Human Ovary and Breast. *Proc. Natl. Acad. Sci. USA*, 95:7637-7642, 1998.
 - 89 Pavlin, DJ, Rapp, SE, Polissar, NL, Malmgren, JA, Koerschgen, M, and Keyes. Factors Affecting Discharge Time in Adult Outpatients. *Anesth Analg* 87:816-26, 1998.
 - 90 Caps MT, Perissinotto C, Zierler RE, Polissar, NL, Bergelin RO, Tullis MJ, Cantwell-Gab K, Davidson RC, Strandness DE. Prospective Study of Atherosclerotic Disease Progression in the Renal Artery. *Circulation* 98:2866-2872, 1998.
 - 91 Tullis MJ, Caps MT, Zierler RE, Bergelin RO, Polissar NL, Cantwell-Gab K, Davison RC, Strandness Jr. DE. Blood pressure, antihypertensive medication, and atherosclerotic renal artery stenosis. *American Journal of Kidney Diseases*, 33(4):675-681, 1999.
 - 92 Caps MT, Meissner MH, Tullis MJ, Polissar NL, Manzo RA, Zierler BK, Chandler WL, Strandness, Jr., DE. Venous Thrombous Stability During Acute Phase of Therapy. *Vascular Medicine* 4:9-14, 1999.
 - 93 Domino KB, Anderson EA, Polissar NL, Posner KL. Comparative efficacy and safety of ondansetron, droperidol, and metoclopramide for preventing postoperative nausea and vomiting: a meta-analysis. *Anesth Analg* 88(6):1370-9, Jun 1999.
 - 94 Chornuk MA, Self DA, Kallas HJ, Burns JW, Bernard S, Polissar NL, Glenn RW: Pulmonary blood flow redistribution by increased gravitational force. *J Appl Physiol* 84(4):1278-88, 1998.
 - 95 Du Pen SL, DuPen AR, Polissar NL, Hansberry J, Kraybill BM, Stillman M, Panke J, Everly R, Syrjala KL. Implementing guidelines for cancer pain management: results of a randomized controlled clinical trial. *J Clinical Oncology* 17(1):361-370, 1998.
 - 96 Deem S, Hedges RG, Mckinney S, Polissar NL, Alberts M, Swenson ER. Mechanisms of Improvement in Pulmonary Gas Exchange during Isovolemic Hemodilution. *J Appl Physiol* 87(1): 132-141, 1999.
 - 97 Meissner, MH, Caps, MT, Zierler, BK, Polissar, NL, Bergelin, RO, Manzo, RA, Strandness, DE. Determinants of chronic venous disease after acute deep venous thrombosis. *J Vasc Surg* 28:826-33, 1998.
 - 98 Hlastala MP, Chornuk MA, Self DA, Kallas HJ, Burns JW, Bernard S, Polissar NL, Glenn RW. Pulmonary blood flow redistribution by increased gravitational force. *J Appl Physiol* 84:1278-1288, 1998.

- 99 Mann CM, Domino KB, Walther SM, Glenny RW, Polissar NL, Hlastala MP. Redistribution of pulmonary blood flow during unilateral hypoxia in prone and supine dogs. *J Appl Physiol* 84:2010-2019, 1998.
- 100 Caps MT, Zierler ER, Polissar NL, Bergelin RO, Beach KW, Cantwell-Gab K, Casadei A, Davidson RC, Strandness DE: The Risk of Atrophy In Kidneys With Renal Artery Stenosis. *Kidney International* 53:735-742, 1998.
- 101 Yorkston KM, Jaffe KM, Fay GC, Polissar NL, Liao S: Written language production and neuropsychologic function in children with traumatic brain injury. *Arch Phys Med Rehabil* 78(10):1096-1102, 1997.
- 102 Massagli T, Jaffe KM, Fay GC, Polissar NL, Liao S, Rivara JB: Neurobehavioral sequelae of severe pediatric traumatic brain injury: a cohort study. *Arch Phys Med Rehabil* 77:223-31, 1996.
- 103 Bernard SL, Glenny RW, Erickson HH, Fedde MR, Polissar NL, Basaraba RJ, Hlastala MP. Minimal redistribution of pulmonary blood flow with exercise in racehorses. *J Appl Physiol* 81(3):1062-1070, 1996.
- 104 Hübler M, Souders JE, Shade ED, Hlastala MP, Polissar NL, Glenny RW. Validation of fluorescent-labeled microspheres for measurement of relative blood flow in severely injured lungs. *J Appl Physiol* 87:2381-2385, 1999.
- 105 Erickson HH, Bernard SL, Glenny RW, Fedde MR, Polissar NL, Basaraba RJ, Walther SM, Gaughan EM, Hlastala MP. Effect of furosemide on pulmonary blood flow distribution in resting and exercising horses. *J. Appl. Physiol.* 86: 2034-2043, 1999.
- 106 Lakshminarayan S, Bernard S, Polissar NL, Glenny RW: Pulmonary and bronchial circulatory responses to segmental lung injury. *J Appl Physiol* 87: 1931-1936, 1999.
- 107 Deem S, McKinney S, Polissar NJ, Hedges RG, Swenson ER: Hemodilution during venous gas embolization improves gas exchange without altering VA/Q or pulmonary blood flow distributions. *Anesthesiology* 91:1861-1872, 1999.
- 108 Pollock JE, Burkhead D, Neal JM, Spencer SL, Friedman A, Stephenson C, Polissar NL. Spinal nerve function in five volunteers experiencing transient neurologic symptoms after Lidocaine subarachnoid anesthesia. *Anesth Analg* 90:658-65, 2000.
- 109 Kang X, Polissar NL, Han C, Lin E, Yuan C. Analysis of the measurement precision of arterial lumen and wall areas using high resolution magnetic resonance imaging. *MRM* 44:968-972, 2000.
- 110 Chornuk MA, Bernard SL, Burns JW, Glenny RW, Sheriff DD, Sinclair SE, Polissar NL, Hlastala MP. Effects of inertial load and countermeasures on the distribution of pulmonary blood flow. *J Appl Physiol* 89(2):445-57, Aug 2000.

- 111 Polissar NL, Stanford D, Glenny R. The 400 microsphere per piece “rule” does not apply to all blood flow studies. *American Journal of Physiology: Heart and Circulatory Physiology*. 278: H16-H25, 2000.
- 112 Pollock JE, Neal JM, Spencer SL, Burkhead D, Polissar N. Sedation during spinal anesthesia. *Anesthesiology* 93(3): 28-34, 2000.
- 113 Malins DM, Polissar NL, Ostrander GK, Vinson M. Single 8-oxo-guanine and 8-oxo-adenine lesions induce marked changes in the backbone structure of a 25-base DNA strand. *Proc. Natl. Acad. Sci. USA* 97(23):12442-12445, 2000.
- 114 Garcia-Closas M, Hankinson SE, Ho S-M, Malins DM, Polissar NL, Schaefer SN, Su Y, Vinson MA. Factors critical to the design & execution of epidemiologic studies and description of an innovative technology to follow the progression from normal to cancer tissue. Chap. 9, pp 147-156, in *J Natl Cancer Inst, monograph 27*, Cavalieri E, Rogan E, eds., “Estrogens as Endogenous Carcinogens in the Breast and Prostate”, 2000.
- 115 Hatsukami TS, Ross R, Polissar NL, Yuan C. Visualization of fibrous cap thickness and rupture in human atherosclerotic carotid plaque in vivo with high-resolution magnetic resonance imaging. *Circulation* 102:959-964, 2000.
- 116 Kleinman BP, Millery M, Scimeca M, Polissar NL. Predicting long-term treatment Utilization among addicts entering detoxification: the contribution of help-seeking models. *Journal of Drug Issues* 32 (1):209-230, 2002.
- 117 Kreck TC, Krueger MA, Altemeier WA, Sinclair SE, Robertson HT, Shade ED, Hildebrandt J, Lamm WJE, Frazer DA, Polissar NL, Hlastala MP. Determination of regional ventilation and perfusion in the lung using xenon and computed tomography. *J Appl Physiol* 91:1741-1749, 2001.
- 118 Park DR, Sherbin VL, Goodman M, Pacifico A, Rubinfeld GD, Polissar NL, Root RK. The etiology of community-acquired pneumonia at an urban hospital: the influence of human immunodeficiency virus infection and initial severity of illness. *J Infectious Diseases* 184:268-77, 2001.
- 119 Zhang S, Hatsukami TS, Polissar NL, Han C, Yuan C. Comparison of carotid vessel wall area measurements using three different contrast-weighted black blood MR imaging techniques. *Magnetic Resonance Imaging* 19:795-802, 2001.
- 120 Yuan C, Mitsumori LM, Ferguson MS, Polissar NL, Echelard D, Ortiz G, Small R, Davies JW, Kerwin WS, Hatsukami TS. In vivo accuracy of multispectral magnetic resonance imaging for identifying lipid-rich necrotic cores and intraplaque hemorrhage in advanced human carotid plaques. *Circulation* 104:2051-2056, 2001.
- 121 Yuan C, Ferguson MS, Kerwin WS, Polissar N, Zhang S, Cai J, Hatsukami TS. Contrast enhanced high resolution MRI for atherosclerotic carotid artery tissue characterization. *J*

Magn Reson Imaging, in press.

- 122 Malins DC; Johnson PM; Wheeler TM; Barker EA; Polissar NL; Vinson MA. Age-related radical-induced DNA damage is linked to prostate cancer. *Cancer Res* 61(16):6025-8, 2001.
- 123 Huebler M, Souders JE, Shade ED, Polissar NL, Schimmel C, Hlastala MP. Effects of vaporized perfluorocarbon on pulmonary blood flow and ventilation/perfusion distribution in a model of acute respiratory distress syndrome. *Anesthesiology* 95(6):1414-21, 2001.
- 124 Yuan C, Zhang SX, Polissar NL, Echelard DE, Ortiz G, Davis, JW, Ellington E, Ferguson MS, Hatsukami TS. Identification of fibrous cap rupture with magnetic resonance imaging is highly associated with recent TIA or stroke. *Circulation*, 104(17): Sup II-376, 2001.
- 125 Huebler M, Souders JE, Shade ED, Polissar NL, Bleyl JU, Hlastala MP. Effects of perfluorocarbon vapor on relative blood flow distribution in an animal model of surfactant-depleted lung injury. *Crit Care Med* 30:422-427, 2002.
- 126 Kelly KE, Phillips CL, Cain KC, Polissar NL, Kelly PB: Evaluation of a noninvasive monitor to reduce falls in nursing home patients. *J Am Med Dir Assoc*, 3:377-82, 2002.
- 127 Souders JE, Doshier JB, Polissar NL, Hlastala MP. Spatial distribution of venous gas emboli in the lungs. *J Appl Physiol* 87(5):1937-47, 1999.
- 128 Yuan C, Polissar NL, Xu DX, Hatsukami TS. Visualization of fibrous cap thickness and rupture in human atherosclerotic carotid plaque. *Circulation* 100(18):I-251, 1999.
- 129 Pavlin DJ, Chen C, Penaloza DA, Polissar NL, Buckley FP. Pain as a factor complicating recovery and discharge after ambulatory surgery. *Anesth Analg* 95:627-34, 2002.
- 130 Khan A, Khan SR, Shankles B, Polissar NL. Relative sensitivity of the Montgomery-Asberg Depression rating scale, the Hamilton Depression rating scale and the Clinical Global Impressions rating scale in antidepressant clinical trials. *International Clinical Psychopharmacology* 17:1-6, 2002.
- 131 Kleinman BP, Millery M, Polissar NL, Millman RB, Scimeca M. Detoxification as a gateway to long-term treatment: assessing two interventions. In press, *J of Drug Issues*.
- 132 Millery M, Kleinman BP, Polissar NL, Millman RB, Scimeca M. Detoxification as a gateway to long-term treatment: Assessing two interventions. *Journal of Substance Abuse Treatment*, 23(3):183-90, 2002.
- 133 Mulroy MF, Salinas FV, Larkin KL, Polissar NL. Ambulatory surgery patients may be discharged before voiding after short-acting spinal and epidural anesthesia. In press, *Anesthesiology*, 2002.

- 134 Zhang S, Cai J, Luo Y, Han C, Polissar NL, Hatsukami TS, Yuan C. Measurement of carotid wall volume and maximum area using contrast enhanced 3D MRI—initial observation. In press, Radiology.
- 135 Cai JM, Ferguson MS, Polissar N, Hatsukami TS, Yuan C. Classification of human carotid atherosclerotic lesions using in vivo multi-contrast MR imaging. In press, Circulation.
- 136 Neal JM, McDonald SB, Larkin KL, Polissar NL: Suprascapular nerve block prolongs analgesia after nonarthroscopic shoulder surgery but does not improve outcome. *Anesth Analg*, 96:982-6, 2003.
- 137 Luo Y, Polissar N, Han C, Yarnykh V, Kerwin WS, Hatsukami TS, Yuan C: Accuracy and uniqueness of three in vivo measurements of atherosclerotic carotid plaque morphology with black blood MRI. *Magnetic Resonance in Medicine*, In Press.
- 138 Malins DC, Johnson PM, Barker EA, Polissar NL, Wheeler TM. Cancer-related changes in prostate DNA as men age and early identification of metastasis in primary prostate tumors. *Proceedings of the National Academy of Sciences* 10 (9): 5401-5406, 2003.



Survey Experience--Examples

Nayak Polissar, Ph.D.

- Sample size and sampling plan for national survey on internet use by socio-economic and ethnic groups.
- Review of sampling plan used by Washing State Department of Social and Health Services to audit Medicaid reimbursement of dentists.
- Survey of Washington community physicians on their use of medical information services.
- Three large epidemiologic surveys of cancer patients and controls to determine cancer risks from environmental and other exposures.
- Surveys of breast and colorectal cancer patients to determine access to medical care.
- Two multi-year surveys of cancer patient medical records for tracking survival, treatment and other health issues. (Survey #1, 10,000 cases/year; survey #2, 50,000 cases/year).
- Three community surveys of fish consumption among minority populations for use in analysis of exposure to contaminants in water.
- An in-depth community survey of the population living near a smelter to determine exposure to arsenic and to trace sources of exposure among adults and children.
- Survey of bicycle riders to assess the impact of a community "wear-the-helmet" campaign.
- A longitudinal survey of children with head injuries to monitor changes in intellectual and social functioning.
- Two surveys of cancer patients to compare pain treatments, access to medical care and intensity of pain over time.
- A survey of hospice directors to determine care practices.
- A survey of the elderly to detect persons with balance problems and a high risk of falling. The goal was to prevent falls leading to hip fractures.
- Numerous sampling plans and sample size estimates in grant proposals.

